



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**IN RELIEF AND DISTRESS**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,  
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.  
Tariqatunas sobba, wal khayru fil jamiyya.*

A'udhu bi-Llāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

**فِي السَّرَّاءِ وَالضَّرَّاءِ**

(Qur'ān 03:140). Allah Azza wa Jalla says: 'During ease and hardship.' We should remember Allah ﷻ in relief and distress. When there is no trouble, most people do not think of remembering Allah ﷻ at all, and things other than Allah ﷻ come to their minds. When they are in trouble, they immediately remember Allah ﷻ and beg Allah ﷻ. That is also a little good, but the beloved servants of Allah ﷻ do not forget Allah ﷻ in the good or bad.

Having Allah ﷻ in our hearts is a great favor for a believer. When people get into trouble, they immediately beg Allah ﷻ, wondering what to do. Again, there is a door where a Muslim can take refuge, but unbelievers will be in trouble both in this world and in the hereafter. The shaytan also wants that. What shaytan wants is for man to suffer more in the hereafter rather than in this world. When they are in this world, he gives them the world so that they forget Allah ﷻ. In the hereafter, they will be punished and they will be in hell.

When there is both distress and relief, we should make Dhikr in our hearts. Allah Azza wa Jalla should always be in our hearts. Otherwise, our work is of no use. You think you did something, but nothing will be of benefit. Because there are thousands, millions of people just like you, they all did as you did. Those who do goodness have found goodness, and those who forget Allah ﷻ are at loss. May Allah ﷻ make us from those who do not forget Him, may Allah ﷻ be with us in goodness and in difficulties. May Allah ﷻ help us, and may Allah ﷻ make us successful.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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Fajr Prayer, Akbaba Dergah

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