



Sohibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE EGO IS A BIG ENEMY

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sobba, wal khayru fil jamiyya.*

In the beginning of the Friday Khutbah we say: “نعوذ بالله من شرور أنفسنا، ومن سيئات أعمالنا”، “We seek refuge in Allah ﷻ from the evil of our ego, and from our bad doings”. We say to Allah Azza wa Jalla, we seek refuge in You from the evil of our ego. Just as we seek refuge from the evil of shaytan, we also seek refuge from the evil of our ego. Because the ego is a big enemy. Just as shaytan is your enemy and it is clear that he is an enemy, your ego is also your enemy. The enemy wants to humiliate you and beat you. The ego is the same thing. That's why we take refuge in Allah ﷻ from it, we ask for help from Allah ﷻ. It's not an easy thing to do.

People who say, “I became a Hodjah. I became a scholar. I became this. I became that. Thousands of people follow me” and think that they are something are enlarging their egos. In the end, the ego throws the person to the ground, tramples on him and kicks him. The more you give way to your ego, the wilder it becomes, the more merciless it becomes. To be merciful to your ego is oppression to yourself. As a person enlarges his ego and listens to it, he oppresses himself. The more he obeys its orders, the worse the man becomes. So, if you say let's have some mercy on the ego, it will directly ride over you.

Allah's ﷻ orders are clear. If you go beyond those orders and obey your ego, you will be at loss. There are limits, there are certain things to what a person can do within the orders of Allah ﷻ and you have to follow them. The ego does not want them. But if you follow them, you will control your ego, then you will rise. Otherwise, if you follow the orders of your ego, you will go lower. It is that easy. It is not easy to implement but easy to explain. To be in control of your ego is a man's job. The one who controls his ego is a man. The one who does not control his ego is not a man. May Allah ﷻ protect us and may He help us.

You should not give ease to your ego until your last breath. Because, just like shaytan, even in your last breath it will try to take you out of this world in loss. We should be careful of this. Don't let your ego deceive you by saying, “I am old. I have become



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this. I have become that.” The tricks of the ego are many. You should always be careful.
May Allah ﷻ help us. May Allah ﷻ strengthen our faith.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
12 September 2020/24 Muharram 1442
Morning Prayer, Akbaba Dergah