



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**HEARTS FIND PEACE THROUGH DHIKR**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,  
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.  
Tariqatunas sobba, wal khayru fil jamiyya.*

A'udhu bi-Llāhi mina sh-shayṭāni r-raḥīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ

(Qur'an 13:28). Allah ﷻ states in the Holy Quran: 'Unquestionably, by the remembrance of Allah hearts are assured.' Allah ﷻ says that hearts find peace through the Dhikr of Allah ﷻ. The Dhikr of Allah ﷻ means always remembering Allah ﷻ. It means He is with me; this is the Dhikr. This is the Dhikr in the hearts, only then can hearts be comfortable. The farther you get away from Allah, the more you lose tranquility, peace and goodness; nothing remains.

In order to find peace, you should always have the Dhikr of Allah ﷻ in your heart and on your tongue. Dhikr should be in every organ of yours, such that the more organs remember Allah ﷻ the more you will find peace and tranquility. As for the troubles of this world, nothing will affect you. The further you are from Allah ﷻ the more restless, unhappy and without blessings you become; all the bad things will happen to you. But if you are with Allah ﷻ, no matter if it is illnesses or poorness, nothing will affect you. This is what Allah Azza wa Jalla stated in the Qur'an 'Azimu sh-Shan.

People say, "Let me do this and that, and I will be happier." But Allah ﷻ who created us, knows how to make us happy. Does anyone know better than him? Hāshā (far from it)! He ﷻ knows. He created us and gave us the secret. How will you be happy, how will you be at peace, how will you be comfortable? Allah Almighty has shown this to us, but people seek this happiness in other places.

Some do little things, but for some it is also not enough. Those who are distant from Allah ﷻ, smoke and drink alcohol. And then alcohol is not enough, so they do drugs. They seek peace and happiness on the opposite side. The more they sink into these things, the worse they get. Those who get away from them, disregard them and believe in Allah ﷻ are the ones who are happy, comfortable and at peace. May Allah ﷻ give us all





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this strength of faith so that we can be together with Allah ﷻ and always keep the Dhikr of Allah ﷻ in our hearts insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
29 December 2020/14 Jumada al-Awwal 1442  
Morning Prayer, Akbaba Dergah