



Sohibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE GREAT VIRTUES OF 'ITIKAF

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sobba, wal khayru fil jamiyya.*

We have approached the end of Ramadan; more than half is over. Starting with the 20th, meaning in the last ten days there is the confirmed Sunnah of our Holy Prophet ﷺ which is the Sunnah of 'itikaf. Those who plan to do it, can make the intention and enter 'itikaf for ten days starting tomorrow night insha'Allah. Those who cannot do it can make the intention for 'itikaf everytime they enter the mosque during this period. Its virtues will also be written for them. This is a great virtue for people. If not even one person does it in every town, the whole town would be deprived from its virtue. 'Itikaf has great virtues and rewards; it is a blessing.

'Itikaf can be done in masjids or in designated places insha'Allah. Because of certain restrictions in our situation now, the mosques are closed, may Allah ﷻ forgive us. So it can be done in private places too. It is said, 'لِلضَّرُورَةِ أَحْكَامٌ', 'Necessity requires its own rule'. There are different rulings for different circumstances. In normal conditions, it cannot be done outside of a mosque. But in today's condition, it can be done outside the mosque because it's a necessary worship that should be performed. If it wasn't performed, it is a shame for the Ummah (nation) in front of our Holy Prophet ﷺ. Yet thank Allah ﷻ, there are plenty of people who are doing this Sunnah. May Allah ﷻ accept their worship.

People are confusing between 'itikaf and Khalwa (seclusion). 'Itikaf is different than Khalwa. In 'itikaf, you stay in the mosque, fast and eat normally. While in Khalwa, you eat less and only eat lentils. But in 'itikaf, you eat normally, perform your worship and do not get outside the mosque. In Khalwa, you only eat lentils. Khalwa is done outside of Ramadan, either in Dhul-Hijjah or in Rajab. It starts from the beginning of Dhu'l-Qi'dah until Dhul-Hijjah or from Rajab until the tenth of Sha'ban. There are differences between them.

As we said, women should do 'itikaf in their homes. There's no need to go to the mosque. Women who are in 'itikaf shouldn't leave the house. They perform their worships until the end and stay in a seperate room, and Allah ﷻ will accept it. So even if



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

men didn't make 'itikaf and women made it, it is counted for all the Ummah. So somebody has to definitely perform this worship. Our Holy Prophet ﷺ never left this Sunnah. One year he couldn't make it, so in the next year he did 20 days in Al Masjid an-Nabawi. May Allah ﷻ bless it and may its blessings be upon us. May we be protected from these situations.

There is a spiritual strength and a spiritual protection in it. It's a great virtue for us yet most people are not even aware of it. The world doesn't work with the apparent things. There are certain hidden forces, spiritual forces that keep the world alive. Otherwise, it's not with their calculations; it doesn't work this way. A man can make as many calculations as he wants, as long as there is no spirit then it's useless. May Allah ﷻ help people understand this. May it be strength to our Iman. May this 'itikaf be blessed insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
1 May 2021/19 Ramadan 1442
Morning Prayer, Akbaba Dergah