



Sohibats by
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DON'T WASTE YOUR TIME

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sobha, wal khayru fil jamiyya.*

A'udhu bi-Llāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

فَإِذَا فَرَغْتَ فَانصَبْ {7} وَإِلَىٰ رَبِّكَ فَارْغَبْ {8}

(Qur'ān 94:07-08). Allah ﷻ states in the Holy Quran: 'So when you have finished [your duties], then stand up [for worship] {07} And to your Lord direct [your] longing {08}.' Don't stay idle. If a work is over, pass to another one. Being idle is not good. Wasting time is not good. Always be doing good work. Contemplate on Allah ﷻ. A jobless person serves shaytan. The idle person is not good.

Therefore, people nowadays are confused on how to spend their time, as they don't work. Shaytan has brought various tools to waste time. They spend time on them and are killing their time. They cannot find time for worship. Even when they have time, they delay it out of laziness and then skip it. Therefore, don't leave time for your ego. Allah ﷻ says: 'فَإِذَا فَرَغْتَ فَانصَبْ', 'So when you have finished [your duties], then stand up [for worship]'. (Qur'ān 94:07). As soon as you are free, start doing something else. And then direct to Allah ﷻ, direct to your Creator. Do what your Creator wants. Make Dhikr in your heart, while sitting or walking. Always be with Allah ﷻ. Don't stay idle.

In the Naqshbandi Tariqa there is the Dhikr of heart. A person who spends his time making Dhikr does not waste his time and life. People tell each other how they spent their time. How do you spend your time? Do you kill it or sustain it? Try to sustain your time and heart with Dhikr of Allah ﷻ, with love of Allah ﷻ. If you spend it for Dunyā, you kill it; you kill your time and heart. May Allah ﷻ help us. May our time and life not be wasted. May our intention always be for Allah ﷻ, to serve people and Muslims insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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