



Sohibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

ASK FOR FORGIVENESS AND GOOD HEALTH

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sohba, wal khayru fil jamiyya.*

These days are blessed days. The advice of our Holy Prophet ﷺ for these days is to make Dua. Insha'Allah prayers will be accepted. The Holy Prophet ﷺ said that the best of Duas are: "اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنَّا", "Allahumma innaka afuwun tuhibbu l-afwa fa'fu anna" and "اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ", "Allahumma inni as'aluka l-afwu wa l-afiyah". The most accepted of Duas is what we need. May Allah ﷻ forgive us. Allah ﷻ loves to forgive. Pray that Allah ﷻ forgives us, says our Holy Prophet ﷺ. Ask for forgiveness and good health because the most valuable things are these. People have been struggling since last year with their health and they are living in fear all the time. Therefore, apart from health it is more important that Allah ﷻ forgives us. These two things are very important, that Allah ﷻ forgives us and gives us good health to sustain our lives.

There is Laylatu l-Qadr in these ten days. People think what to ask on Laylatu l-Qadr because there is acceptance. You have to ask for these two things. As long as you have these, the rest is not important. These two things are important. If people earn them and know their value, they replace everything else. Sometimes people cannot get health with their money. They run here and there with millions on hand, but they get sick with a terminal illness and then get puzzled, may Allah ﷻ protect us.

Our Holy Prophet ﷺ tells to ask for forgiveness and health during these ten days until Eid. People have forgotten this. They never think about it, but we should remind. It will be useful. It will be useful for you too. If you give advice, it will be useful for both you and them Allah ﷻ willing. As we said, this is what we need the most these days. People have gone wild. They are not asking for forgiveness. They want health. But they look for health not by believing in Allah ﷻ but by running to different places. Therefore, if there is no permission from Allah ﷻ, nothing will happen to you, you will not get better. If Allah ﷻ doesn't want it, nothing has any benefit. When Allah ﷻ wants it, everything you



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don't expect becomes useful. Therefore, Dua is important. Let us pray so that Allah ﷻ forgives people and gives good health insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
6 May 2021/24 Ramadan 1442
Morning Prayer, Akbaba Dergah