



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**'Id ul-Abrar**

*Mawlana Shaykh Muhammad Adil ar-Rabbani*  
*18<sup>th</sup> of May 2021/6 Shawwal 1442*

*As-Salāmu 'alaykum wa rahmatu Llāh.*

*Aū'dhu bi-Llāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.*

*Waṣ-ṣalātu wa s-salāmu 'alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.*

*Madad yā Rasūla Llāh, madad yā Sādātī Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh 'Abdu Llāh al-F'āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-Ḥaqqānī. Madad.*

*Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam'iyyah.*

*Aū'dhu bi-Llāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:*

These are holy days, six days of Shawwal. Our Holy Prophet ﷺ says that whoever fasts on these days will be counted as if he fasts for a year together with Ramadan. He deserves that thawab. Who can fast on these days, when they start on the second day of 'Id, they finish it on the 7<sup>th</sup> of Shawwal - the second 'Id, 'Id ul-Abrar. 'Id ul-Abrar is the feast of those who do goodness. It is not an ordinary 'Id, it is a special feast. It is a favour of Allah ﷻ. Otherwise, you can fast on any days of Shawwal dividing six days one by one or all at once. It is great benefit because the benefit of worship is both spiritual and physical.

There is spiritual benefit and physical benefit for the body. Everything Allah ﷻ has ordered is useful for people. Who carries the orders out uses these benefits. And forbidden things have no benefit. They are only harmful. Allah 'Azza wa Jalla does not wish harm for people. That is why He wants them to stay away from forbidden things. Those who do them have both spiritual and physical harm. When you do something bad, it is not only spiritually harming, as you sin, but also physically useless for the body.

You cheat people or do something forbidden enjoying yourself. Don't think your body gets benefit from it. Neither spiritually, nor physically, there is any benefit. Only harm to both. Therefore, we should perform sunnah and fard as much as we can. We must certainly perform fard. And for sunnah, we should make intention to perform them all and try to make as much as we can. If we cannot make it, Allah ﷻ will reward according to our intention. As we said, we will have both spiritual and physical benefit. May Allah ﷻ make these benefits always last for us. May we always be in servanthood. May we obey the orders of Allah 'Azza wa Jalla and stay away from what is forbidden. Wa min Allah at-Tawfiq. Al-Fatiha.