



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

HARM IS NOT APPROVED IN ISLAM

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Daghestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sohba, wal khayru fil jamiyya.*

Our Holy Prophet ﷺ says in his Sohbah and Hadith Sharif:

لَا ضَرَرَ وَلَا ضِرَارَ

“There should be neither harming nor reciprocating harm.” The religion of Islam is the religion of goodness and beauty. It does not approve harm to anyone. Our Holy Prophet ﷺ says to neither harm, nor reciprocate harm. This is what is meant by “لَا ضَرَرَ وَلَا ضِرَارَ”. Everything has its principles. Islam is the religion of mercy and beauty. That is why there are certain conditions even against enemies. You cannot act as you like, according to your ego. You cannot touch the elderly and the young. You cannot harm them. Therefore, the religion of Islam is the religion of safety. It is a beautiful religion.

Allah ﷻ created mankind with an innate nature (Fitrah) and created Islam according to it so that it is useful for people. Everything since ‘Adam ‘alayhi s-salam until our Holy Prophet ﷺ has been Islam. ‘إِنَّ الدِّينَ عِنْدَ اللَّهِ الْإِسْلَامُ’, ‘Indeed, the religion in the sight of Allah is Islam.’ (Qur’ān 03:19). There are no various religions, all of them are one. There is no change. And as they are also Islam, there is no harm in them. There is no permission to harm. Whoever deserves to be punished is punished, and nothing can be done to the rest. It is said in other distorted heavenly books that you can harm people. But all of them are orders that have been modified later. Otherwise, everything came the same since ‘Adam ‘alayhi s-salam till our Holy Prophet ﷺ.

Those books and Prophets were sent as benefit to people in order for them to stay away from evil, so that they do not obey their egos. When they obey the ego and follow shaytan, they don’t look at anything and don’t show mercy to anyone. May Allah ﷻ protect us and may Allah ﷻ show guidance to people. May they see the right and the beautiful insha’Allah. Of course, they cannot control their egos. Controlling the ego



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comes with obeying the orders and instructions of Islam. May Allah ﷻ give strength to our Iman. May we protect our ego and not follow it.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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