



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

DUNYA IS WORTHLESS

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,
Dastur Mawlana Sheikh Abdullah Faiz Dagbestani, Sheikh Nazim al-Haqqani. Madad.
Tariqatunas sobba, wal khayru fil jamiyya.*

People ask why they go through troubles. It is because the things that they value are worthless things. This is the reason. If they value worthy things, they won't have troubles. What is the worthless thing? Dunya. Dunya is worthless. The meaning of Dunya in its original language is low, something low. “دنيء” means low.

Allah 'Azza wa-Jalla said it openly, but mankind doesn't know this. They put Dunya in the highest place, whereas it is something that should be the lowest. It is a low thing, and they are putting it first. And when this worthless thing becomes worthy, they lose and get very upset. They run after it throughout their lives and think about earning the Dunya. People should think about earning the Akhirah, and not the Dunya. This world won't have any value then. Akhirah is the valuable place.

Grandshaykh used to say that people have enemies which are: Nafs/ego, Hawa/desires, Dunya and shaytan. The first enemy of a person is his ego. Then come his desires; wishing for bad things. The third is Dunya, and lastly comes shaytan. The shaytan is not the first among these things. The shaytan is the last enemy.

Therefore, when you don't value Dunya, when you control your ego and don't follow it, and when you don't follow your desires, you defeat these enemies and you will be at peace. But if you are a prisoner of these things and do as they like, you will never be at peace. Whether you have the whole world or nothing, it is the same.

This is even more important for people of this time. They should not forget it because there are many troubles. And the way to get rid of these troubles is not to value them. You should trust in Allah 'Azza wa-Jalla. Allah ﷻ is Powerful over everything. Allah ﷻ is Al-Razzaq. If we have our Rizq, we eat. There is no need to torture yourself by saying, “This and that has become so expensive”. Don't forget Allah ﷻ by worshiping Dunya. Allah 'Azza wa-Jalla won't send anyone to Akhirah unless their Rizq is over. If your Rizq is over, then you die. If you have Rizq, you live on.

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May Allah ﷻ protect us. May the troubles be gone insha'Allah. May we be together with Allah ﷻ. He is Powerful over everything. Allah ﷻ is the One who makes everything difficult to be easy. "يَجْعَلُ الصَّعْبَ سَهْلًا" – Allah ﷻ is the One who makes difficult things easy. And when it is easy, nothing harms a person and he is at peace. May Allah ﷻ give us happiness here and hereafter. May He ﷻ not let us be in need of anyone.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
18 December 2021/14 Jumādā al-Awwal 1443
Fajr Prayer, Akbaba Dergah

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