



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**ASK YOUR HEART**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya Sadat As'habi RasuLillah, Madad Ya Mashayikhina,  
Dastur Mawlana Sheikh Abdullah Faiẓ Daghestani, Sheikh Nazim al-Haqqani. Madad.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Our Holy Prophet ﷺ says,

اسْتَفْتِ قَلْبَكَ وَلَوْ أَفْتَاكَ الْمُفْتُونَ

“Ask your heart”, says our Holy Prophet ﷺ. When there is a certain matter, even if everyone says his opinion, ask your heart nonetheless. Whatever it says, act accordingly. To act according to everyone’s words doesn’t work sometimes. Many people give Fatwas. Many people give advice. However, if a person relies on the actions of others and does the same and even if he thinks he’s doing the good thing, he should ask his heart. If his heart is ok with it, it is alright. If it is not ok, he shouldn’t do so.

Certainly, apart from religious Fatwas, people have more moments in life. And a heart should be pure. The heart should be the heart which trusts in Allah ﷻ. Hearts of worldly people are always making Fatwa according to their desires and egos. They may turn out wrong. A person who is with Allah ﷻ receives true inspiration and does the right thing. But a person with fake inspiration decides to do whatever others do by thinking, “Others did so, it must be right”. Such a thing is wrong.

This is so from all perspectives. Allah ﷻ has given a mind and heart to people. A man should use both of them, find the true way and do the right thing. We don’t have to do the same thing as the herd does. They call it herd psychology. Wherever a herd goes, everyone follows it. We have to run away from it. We should not stand in front of it. We should not be together with it. Especially the herds of the end of times, they are taking [people] directly to the cliff. They are taking [them] directly to destruction. May Allah ﷻ protect us.

Therefore, don’t say, “They did it. We should do the same”. Look at everything with your heart and mind. May Allah ﷻ give good inspiration and light into our hearts so that we see the truth and goodness insha’Allah.

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Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
21 December 2021/17 Jumādā al-Awwal 1443  
Fajr Prayer, Akbaba Dergah