



**Hakkani TV**

**Sohbats by**

**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

### **GUARD ALLAH'S ﷺ FAVORS**

*As-Salāmu 'Alaykum wa Raḥmatullāhi wa Barakātuh.  
A'udhu Billāhi Minash-shayṭāni r-raḥīm. Bismillāhi r-Raḥmāni r-Raḥīm.  
Wa ṣ-Salātu wa s-Salāmu 'alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.  
Madad yā RasūlAllāh, Madad yā Sādātī Aṣḥābi Rasūlillāh, Madad yā Mashāyikhinā,  
Dastūr Mawlana Shaykh Abdullāh al-Fā'iz ad-Dāghistāni, Shaykh Muḥammad Nāẓim al-  
Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam'iyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm:

وَمَا الْحَيَاةُ الدُّنْيَا إِلَّا لَعِبٌ وَلَهُمْ وَلَدَارُ الْآخِرَةِ خَيْرٌ لِلَّذِينَ يَتَّقُونَ

(Qur'ān 06:32). 'Wa mā l-hayāatu d-Dunyā illā la'ibun wa lahwun wa la'd-dāru l-Akhiratu khayrun lil-ladhīna yattaqūn', 'And the worldly life is not but amusement and diversion; but the home of the Hereafter is best for those who fear Allah.' Allah 'Azza wa Jalla says that this world is amusement and entertainment, and the Akhirah is good for people who do goodness, people who fear Allah ﷺ; it is better.

People come to this world and pass away. We should ask that Allah ﷺ gives goodness. We are dying every day in this world and Allah 'Azza wa Jalla is reviving us. When you go to bed at night, you die. And when you wake up in the morning, you are revived once again by Allah 'Azza wa Jalla.

This is a lesson for people. But there are very few people who will take that lesson. Most of them are getting trapped in games and entertainment. Those people don't know what they were created for. Some of them don't want to know at all. They think "This is how we came. We came from nothing, and we will return to nothing". Whereas Allah 'Azza wa Jalla has given mind to everyone so that they think and contemplate. Allah ﷺ created mankind as the greatest and most honorable in order to reach the highest ranks. But they leave that and want to go down to the lowest ranks.

Allah ﷺ has given you everything. You should guard these given favors. If you don't guard them, you commit a sin. This is the condition of people now. When they get everything, they ask for more. They think there is much more. And when they don't obtain it, they acquire bad habits. Unfortunately, mankind has all kinds of bad habits. They cause harm to both themselves and others. However, Allah 'Azza wa Jalla will question this in Akhirah. Therefore, we should repent. People who've got these habits





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should remember Allah ‘Azza wa Jalla, they should remember Akhirah in order to quit these dirty habits. It is not a good thing.

People of this kind are increasing all over the world. Why is it so? It is because of the lack of Iman and lack of belief. People who believe in Allah ﷻ don’t do such things. They stay away from them and know the value of Allah’s ﷻ favors. And the biggest favor, the biggest trust is your body. You should guard it against these poison, these bad habits both physically and spiritually.

Sin is a poison to people, not a benefit. It is of no benefit. “I’ve done it for so many years”. Does it have any benefit? No. It is nothing but harm and poison. You should quit it. They say that to revert from loss at any point is already a profit. People may quit now as well so that their Akhirah is saved. Their bodies are full of poison in this world. But even though they drank it, their sins will be gone. They should save their spirituality now and turn to Allah ﷻ insha’Allah.

May Allah ﷻ protect us. Youngsters and adults, everyone is running after their egos all over the world now. They are unable to quit their bad habits. May Allah ﷻ help them. May Allah ﷻ protect them. May Allah ﷻ give guidance to those who do these things so that they repent and turn to Allah ﷻ insha’Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
30 March 2022/ 27 Sha’ban 1443  
Fajr Prayer, Akbaba Dergah

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