



Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

HAPPINESS IS IN ISLAM

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Awwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Dagbestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

This world is the world of trials. Allah did not send us here to be comfortable but to be thankful. Humans do not know what they are looking for in the world. Humans are searching for happiness. Happiness can only be if Allah wants. Forty years of rain of sorrow rained upon Adam Alayhis Salam in the world, and one year of rain of relief. That is to say, there is forty times more sadness, sorrow, being uncomfortable, and uneasiness in the world.

There is no such worry for those who are with Allah. Be with Allah. Nothing would affect you as long as your faith is strong. People who are affected are people with no faith. They are people who do not think of the hereafter or people who do not value the hereafter much. All people have delved into the world saying it is more important. When this is the case, sorrow does not end. Sorrow is plenty. They run here and there trying to find relief and trying to find happiness. Their life is spent in research institutes. While those who are faithful in the end reach happiness in the hereafter.

We see it in the world. People who are faithless do all kinds of improper acts and all kinds of dirt so they can be happy. O immoral, ignorant person! Can good be with dirt, can cleanliness be with dirt? Happiness is cleanliness. Relief is cleanliness. It is light. You are entering in the sewers and doing all kinds of dirt. Then if you say you want a clean life and a happy life you will not get anything. You will also become filth there and go away.

They are looking for happiness in drinking. Does drinking make you happy? We do not know whether it makes them happy or not either, but drinking makes people crazy. Actually madness is not happiness. Foolishness is not happiness. If foolishness were happiness, people would not become psychiatry doctors and psychologists. Let everyone be crazy and happy: it does not work like that. There is no happiness in madness. They are people who need treatment.

You will only be happy if you are on the path of Allah and the path of the Prophet. At that time you would have peace of mind, you would be relieved and not constricted inside. Otherwise, the person drinks more and more. That poison does not suffice, and this time they take pills, snort from their nose, or take from their vein. In the



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mean time, they sink lower and lower in the most disgraced states. No happiness comes with these.

O people! Turn to Allah before falling in those situations. Unbelievers (kafirs) want to make Muslims like themselves because they are envious. They neither have tranquility nor happiness. They have nothing. They see that even though Muslims are not in their level of prosperity, they are tranquil, they are happy according to their own faith, and are not complaining of their situation. They are sending the diseases they have to the world, especially upon Muslims.

Muslims are naive, clean, and people who do not want harm for anyone. Our Holy Prophet (SAW) says, "There is no harm nor loss in a Muslim. They do not think of harming anyone." There is no such thing in them. They are thinking, "How can these people live differently than us?! We need to make them also like us." They have jealousy and spite. Where do these come from? They come from Shaitan. These are Shaitan's attributes. They are not a Muslim's attributes.

They show Muslims as bad. True Muslims are harmless and beneficial. They have a duty to bring tranquility to everyone. They are responsible to invite everybody to tranquility. But there are different groups that are deceived by unbelief (kufirs) and Shaitan. They have invented a being Muslim according to their own heads. Are they thinking they are being of service? I do not think so anymore. Certainly they know they are Shaitan's soldiers. Because this is not the way shown by Allah. The way shown by Allah is the way of mercy. The way of being a Muslim is the way of happiness. Tranquility and happiness is only in Islam.

Do not emulate anyone. The greatest disease of our nation is to want to be like others. Our Holy Prophet praised these nations. He said to the Arabs, "If you do not follow the the Prophet and his way, Allah will bring the nation that He loves. That nation He loves is ferocious against unbelievers. They fear nobody. They are merciful people amongst themselves." And these are our ancestors. That is why this matter of emulating is not a good thing. Imitating is not good. Either the parrot imitate, or, saving your presence, the monkey imitates. People laugh when they imitate.

We, thank Allah, have a character. Our ancestors have served Islam for a thousand years. Their services have reached everywhere. Their services have even reached thousands of kilometers away, to ever unthinkable places. All the way to to the ends of Africa, and all the way to the easternmost of Asia. There is no place they did not go or they did not serve.

That is why this emulating is nothing. We are not to emulate them. They should emulate us to see how Islam brings tranquility, brings felicity, and brings happiness. This



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is why our nation needs to refuse what they do. Especially this drinking, smoking, and drugs. Let it be theirs. Happiness cannot be achieved with them. Only evil and uneasiness occurs with them and people get ruined. In the end, they also incur the wrath of Allah in the hereafter. If they do not repent, they go to hell. Allah forbid.

We need to thank Allah that we were born Muslim, and that we were born in this country. Most people are born and grow up but they are unaware of being a Muslim. Those who are aware see being Muslim like a monstrosity and cannot get close. Thank Allah we are in it. We have everything and thanks are due.

Those affairs do not have blessings (baraka). Their trade is also forbidden (haram), and dealing with them is forbidden too. That is why nobody should be fooled by money and sell their hereafter for money. Because that money you get is cursed money and it does not benefit you. Let alone yourself, it does not benefit your progeny either. You would suffer its consequences in the world before the hereafter. The consequences suffered by people who do these things are a lot. They would be more comfortable if they were hungry for their whole lives.

Do not throw yourselves in fire for twopenny. As we said, you would suffer its consequences before the hereafter, in this world too. Do not harm anyone. Because a day would come, and just as you burnt other people's children, your children would be burnt. May Allah protect from Shaitan's evils Inshallah. May Allah save children, youth, adults, and all, whoever they may be, from these troubles Inshallah.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil (QS)

30 October 2015, Akbaba Dargah, Sabah Namaz