



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**YOU CANNOT ACT WITH DREAMS**

*Assalamu Alaykum wa Rahmatullah,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya.*

Allah Azza wa Jalla shows people that they are from the hereafter with various things. One of these things are dreams. Dreams are one in forty of the true dreams of prophets. Nice things are also shown to virtuous<sup>1</sup> people.

There are three types of dreams. There are dreams that have interpretations. There are dreams that have no interpretation, meaning they are dreams seen under the influence of daily events. And there are Shaitanic dreams. It is difficult for a normal person, any person, to distinguish between them. That is why you cannot act with dreams. If they go and act saying, "They told me such in the dream. I will do such and such," the person would be doing craziness. It does not matter what the person has seen in the dream. There are few people to interpret them. It is not good to tell the dream to everybody.

If a scary or bad dream is seen, Allah willing nothing would happen if they spit on their left side as our Holy Prophet (SAW) says. But if they go and tell people then it would not be good. It would not be good for that person. If a nice dream is seen and it needs interpretation, let them tell it to a person who will interpret it well. Dreams come out as they are interpreted. Hadrat Yusuf (AS) would interpret dreams well. When he was in prison, someone made up one of the dreams he told. When he described it he was hanged and birds ate his head. True dreams, dreams that need to be interpreted happen to prophets and salih people. It is no use if people see themselves as high anyway. We need to always follow what the shariat orders. We cannot go saying, "They told me such in the dream," and tell people to "Do this and do that." They can make something out for themselves but it is not appropriate for them to say, "You will do this and you will do that," to people. They would be considered crazy.

Another wisdom behind dreams is that we die every night and wake in the morning. So we go to other worlds. Our life is the same way. Most people say, "Alhamdulillah, it was a dream," when they wake up. Bad states occur. You are left dead,





**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

you fall from above, and you drown... and say, “Alhamdulillah it was a dream.” Allah Azza wa Jalla shows it to people every day since life is also like a dream. People are happy when they wake from a dream. Inshallah we will also be happy at the end of this life. Hadrat Ali (RA) says, “People are asleep in this life. They wake when they die.” They will say, “So this is reality.” When they wake, they will see that reality is true. There are those who will be regretful and those who will not be regretful.

May Allah give us awakening in the world too. The most important thing is actions cannot be taken with dreams. Only prophets can take action with dreams. And that does not exist now. Therefore, look at what is being ordered. Do not do things that will put you in a state of a laughing stock.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil

17 December 2014, Akbaba Dargah, Sabah Namaz