



## Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

### DO NOT GET USED TO LUXURY

*Assalamu Alaykum wa Rahmatullah,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammain Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya.*

Our Holy Prophet (SAW) says: “Do not get used to easy things. Get used to difficult things too, since blessings do not continue sometimes.” A person might be rich and might end poor later. Or the situation might change continuously according to Allah’s will. When there is no thankfulness, of course, blessings go away. That is why our Holy Prophet (SAW) says to get used to hardship. Get used to the hard life. What we mean by hardship is not getting used to luxury.

It is very easy to get used to luxury. When people get used to luxury, they always look for it. Whereas, it is better for people and their ego to get used to more difficult things. When they see hard things, they can do easy things anyway. But when they have seen luxury and fall to difficulty, that time it is very difficult for people. They get in depression and all kinds of disorders appear in them.

We see it in children now: “The child doesn’t like that, let us feed him this.” Of course they would not want to eat beneficial things. All sorts of eating spots have opened everywhere outside. There were not that many restaurants, meaning brand food, in the past. They are appealing to the ego. It causes more harm than benefit. We should not get children used to it from an early age: “You will eat this and do that,” so that your ego does not go along with the easy. Let it see some hardship. Do not immediately give them everything they want. Ladies are a little more soft. They take orders from children and do what they say. And when they grow up, it is hard for people when they cannot find everything they want. Whereas, it is better for somebody to start from childhood and get their ego used to hardship and hard circumstances.

Every word said by our Holy Prophet’s (SAW) mouth is the truth. It is one million per cent right, and there is no doubt. Therefore, as we said, let us not complain when we see the difficult. Let us accept it as a training for our ego. It will have benefits for us in the future, both in the world and in the hereafter.

Wa Minallah at-Tawfeeq.

Al-Fatiha.



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Hadrat Shaykh Muhammad Mehmet Adil  
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