



Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

NOT GETTING ANGRY

*Assalamu Alaykum,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Dagbestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sobba, wal khayru fil jamiyya.*

Our Holy Prophet states: “Who is the hero? It is he who beats his anger.” Anger is a bad thing. It is good when it is in the way of Allah and for Allah. So everything has a good and a bad, but anger needs to be in the way of Allah. You can get angry at things Allah does not like. However, it is not good to get angry for your ego, for something that you do not like.

Even if you are right, again not getting angry is more virtuous. No matter how hard it may be for your ego, by holding yourself, if you do not get angry, you are considered that much powerful and a hero. What we mean by hero is not a small job. Being a hero is holding anger. Because when anger erupts it ruins everywhere. First, it ruins the person who is angry.

There is a beautiful example of Hadrat Ali (RA) in battle. He had just raised his sword, he was about to cut the head of the enemy in front of him when that man spit on Hadrat Ali's (RA) face. Hadrat Ali (RA) got angry. When he got angry he immediately lowered his sword. The man was surprised. He asked, “You were just about to hit me. You were supposed to hit me harder. Why did you do this?” He answered, “I was angry for Allah. When you spit on me like that I got angrier. It would not be alright for me to kill you. Because I would be killing you for my ego.” At that time the man said, “Then I have become Muslim.”

The world is the place of trials. And tariqa is for you to learn good things. The greatest good is not getting angry, and when you get angry to forgive people. To forgive is a great virtue. It is mentioned in the Koran Karim: “Those who forgive people are owners of beneficence. Allah loves them.” May Allah make us amongst those servants He loves Inshallah.

Wa Minallah at-Tawfeeq.

Al-Fatiha.



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Hadrat Shaykh Muhammad Mehmet Adil

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