



## Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

### ADVICE

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Awwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Our tariqa is to train the ego (nafs). It is good to dress in accordance with Islam. May how we look be suitable with Islam. Some people dress according to Islam but their interior does not change. What is important is for both the interior and the exterior to change.

When their outer look, their dress, is in accordance with Islam but their interior does not fit, they become from the class of hypocrites (munafiqs). You are dressing and trying to fool people before even cleaning your interior. Even if you are not a munafiq, you enter that class.

We should also accept the truth. When something is said or when your friend warns you of something, we should thank them. But instead of thanking, people get angry and show a response saying, "I am not like this or like that." This is common amongst the people of our era. They do not accept what is said to their ego and certainly refuse it.

Do not immediately refuse when they tell you something. Contemplate whether they are right or not, then you can give an answer. They answer back with incorrect things before even a person opens his/her mouth. It is actually a lie, but people who do these things see themselves as right. They vindicate their egos saying, "I am good." Whereas the ego is something that is to be trained.

When you submit to the shaykh, at first it is an obligation upon a person to accept advice. Because "Ad-din an-nasiha". "Religion is advice". As soon as you hear advice, you either fight with the man or show excuses. You try to prove yourself right and never accept advice. And that falls contrary to training your ego. Your ego does not get trained, and on the contrary it gets wilder and wilder.

That is why we should accept advice. This is the most important thing. Do not immediately object when something is said. This is something that needs to be done our whole lives. It does not work listening for two days and then turning back again as before. The ego is trained slowly. Then a beautiful person and a beautiful Muslim emerges. Firstly they would be of benefit to themselves, and then they would be of benefit to the whole nation. Allah will be our helper Inshallah.

Wa Minallah at-Tawfeeq.



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Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil (QS)  
15 November 2015, Akbaba Dargah, Sabah Namaz