



Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

AS MUCH AS YOU CAN DO

*Assalamu Alaykum wa Rabmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhamadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunus sobba, wal khayru fil jamiyya.*

Auzu Billahi Minashaytanir Rajim. Bismillahir Rahmanir Rahim.

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا

“La yukallifullahu nafsan illa wus’aha.” (Sura Baqara:286) Allaz Azza wa Jalla gave humankind as much load as they can bear. They can do that and not be under a load they cannot bear. This applies to everything in every sense.

Allah (JJ) already mentioned the worships. They are also as much as you can bear. Do not say you cannot do it! Since Allah created you, He has surely also assessed how much you can do and showed it to you. You can easily do that much. Doing less or saying you cannot do it is lying. Do not do more than you can do. Do as much worship as you can continuously do and let it be constant. Do not do a lot quickly so it does not become too much.

It is Allah’s wisdom that when people are enthusiastic about something, they attack it wanting to become awliya¹. You leave them for a month, two, or three and before you know it, they leave it all. They leave it all after a while because it is very heavy. Let it not be like that either. Do as much as you can do. Allah showed and ordered you as much as you can do.

It is like this in other things too. When you get a job, get a job that you can do. Most people have greed, they say they can do it, they plan like this and like that, and start the job. Then the little that was left in their hand is also lost and they are regretful. And that is as Allah has shown: do not take on work you cannot do. Do not start a business with other people’s money. You would be disgraced and you would harm people.

Also, order children as much as they can do. That is why it says to make children start praying slowly at age seven. If they start later, they would not be used to it and it

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would be hard. They should go gradually, getting used to it slowly. This needs to be something constant. So it should not be done once and left. For them to be able to do continuously, it needs to be done by teaching over and over and getting used to it slowly.

However, the most important thing is for people not to go under a load they cannot bear. Allah is compassionate, Ya Arhamar Rahimin. Allah Azza wa Jalla is the most compassionate among the compassionate. He told us we can do with His favor¹, kindness², and compassion³. Let us do them Inshallah. Do not show excuses as, “No, I cannot pray,” and, “No, I cannot do it.”

A person who does not pray should start like a child. After two rakats a day, they should increase two by two. They would be like a normal person within a year. But if they try to do it all at once, of course it would be difficult. If they are enthusiastic, they can do it gradually Inshallah.

You should not pass a day without prayer and worship so you know you are human. A person can only be human with worship and Allah’s orders. As long as that is not done, as long as they do not pray, they can be as educated as they like, as knowledgeable as they like, or be the world’s most knowledgeable person, it is of no use. Some people also say they are making dua, lots of dua, and reading but are not praying namaz⁴. That does not work either. It is useless as long as you do not read the Koran and pray namaz. May Allah give us all guidance.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil
18 December 2015, Akbaba Dargah, Sabah Namaz

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