



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**DO NOT ACT BASED ON DREAMS**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya.*

People's minds cannot fathom the things Allah (JJ) created. Allah Azza wa Jalla can create thousands of things in something. The simplest example is we see dreams, go to other worlds, and come back again in the morning.

Dreams are also given to be a good lesson. For example, you could go through great things in the dream then you wake up. "Alhamdulillah it was a dream and not reality," you say. What if it were real, what could you do? Allah Azza wa Jalla is showing that and there are many lessons. This has its benefits and of course sometimes its harms.

When you see a dream and if it needs to be interpreted, if you absolutely want to, tell it to someone who interprets well. Never tell your dream to someone who would interpret badly, do a bad interpretation! When you don't tell, nothing would happen Allah willing. People see bad dreams, get affected all day, and try telling to this and that one. There is no need. When you see a bad dream, spit on your left and Allah willing nothing will happen.

What is more important is dreams used to be counted as revelations for prophets. We, normal people, do not have such a qualification. There is no action through dreams if you see a dream and are told to do this and that. Above all, if you attempt to do some things outside of Islamic law<sup>1</sup>, it is never allowed.

"I saw such in the dream, it is an order for me." Who are you? You have either gone crazy or you think you are something big that you are saying they said this in the dream and you will do that. Let alone doing it for themselves, they also say to others, "I saw you like this. You will do this!" It is not possible, there is no action based on dreams! This is a rule and an order.

1. Sharia





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As we said, dreams are what are shown by Allah (JJ). Of course Allah shows, but what people do during the day enters their dream most of the time. Work on something all day and certainly something enters your dream from its effects. However, it is not possible to take it as an order, regard it as an order from Allah and tell people, “You will do this and you will do that!”

Of course people see themselves as high sometimes. It becomes a whispering of Shaitan then. He is not doing people good but doing them harm. So interpret dreams but as we said, there is no action based on dreams. This is also an important lesson for people since everybody sees dreams, but some people only live in the world of dreams.

Dreams are a wisdom of Allah, and they show the capability<sup>2</sup> of Allah (JJ). As we said, people feel as if they really live through a dream. Allah makes us live everything in a dream, then they are back to normal when people wake up in the morning.

وَهُوَ الَّذِي يَتَوَفَّاكُم بِاللَّيْلِ وَيَعْلَمُ مَا جَرَحْتُم بِالنَّهَارِ

“Wa huwallathi yatawaffakum billayli, waya’lamu ma jarahtum binnahar.” (Sura An’am:60) Allah is grabbing your soul in the night, takes you back and forth wherever He wills, and in the morning He gives you your old life again and you continue.

That is why we should interpret dreams well. Do not ever tell it to a person who does not interpret well. There is no need. There is no action through dreams either. This is it. May Allah (JJ) give us a good life both in the world and in the hereafter Inshallah. May Allah keep us away from these people Inshallah.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil  
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