



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**SHAME IS FROM EMBARRASSMENT**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya.*

Our Holy Prophet (SAW) says, "Do whatever you want if you are not ashamed!" Being ashamed is from embarrassment<sup>1</sup>, and embarrassment is from Islam. The shameless person is unembarrassed. So what we mean by shameless are those who do something bad and are not ashamed. Their faith<sup>2</sup> is weak.

There is nothing wrong in doing something normal and talking to people, and coming and going. Of course there is no need to be ashamed of everything. However, if some things, bad things are done, normal people, Muslims, and people who fear Allah (JJ) are ashamed. People who fear Allah are ashamed thinking how they did such a thing. However, people who are unashamed of Allah, who do not fear Allah, who do not fear the Prophet (SAW), and who are unashamed of people can do anything.

Shame is a good merit that befits a Muslim. It cannot be seen in those who are not Muslim. It is rarely seen. They say there is freedom: you can do anything. However, when freedom touches their interests, then they are punished, they give them their punishment.

It is a good measure for Muslim people to give themselves their own punishment. Do not do evil so you are saved from shame. Those who are not ashamed of people here, in the world, will melt from shame when called to account in front of the Lord of Worlds in the hereafter.

That is why may Allah Azza wa Jalla not take our shame away. Becasue, "Al haya minal iman," they say. Haya and shame are from iman. We will not do bad things and fall in a shameful situation Inshalah.

Wa Minallah at-Tawfeeq.  
Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah

1. Haya 2. Iman