



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

DO NOT LAMENT FOR THE WORLD

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

The hadiths of our Holy Prophet (SAW) are very beautiful. We also read in a hadith yesterday, he says for the benefit of people: "Whoever laments for the world would get a thousand years close to hell, and whoever laments for the hereafter would get a thousand years farther from hell."

It is useless to regret something that is over and done, for the world, because it has passed already. You can lament as much as you want, beat yourself as much as you want, or pull your hair as much as you want, nothing would happen anymore. On top of that, it is getting you closer to hell. It is making you burn in the world and getting you closer to hell in the hereafter. So the burning that you get inside for the world is due to your getting closer to hell!

There is nothing you can do anymore because you have not done a single good, you have not done something for the hereafter. But if you lament for it, it has a benefit because it distances you from the fire. And because you lamented for it, Allah (JJ) gives you its reward as if you have done it.

This is a beautiful advice from our Holy Prophet (SAW). As we said, many people lament and burn away because of something they have not done in the world, something that they have not attained, or something that happened. This is done uselessly, meaning it has no benefit. It has no benefit for their world or their hereafter.

However, what is essential is the other type. If they lament for not being able to pray, not being able to fast, not being able to do good, or not being able to go to Hajj, these have a benefit. May Allah take the world out of our hearts so that we may be comfortable in the world and come out profitable in the hereafter.



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Wa Minallah at-Tawfeeq.

Al-Fatiha.

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24 February 2016/15 Jumada al-Awwal 1437

Sabah Namaz, Akbaba Dargah