



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**KEEP YOUR HEART PURE**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya*

Our Holy Prophet (SAW) states in his Hadith Sharif:

**استفت قلبك ولو أفتاك المفتون**

“Istafti qalbak walaw aftakal maftoon.” Look at your heart. No matter if there are so many people advising you, look at your own heart in the end and do it if your heart is satisfied. As they say, “A different voice comes out of each head.” When it is like this, people are confused what to do and how to proceed.

The heart is important. When a person is with Allah (JJ), Allah inspires the right thing to that person. Because people can benefit themselves again. Of course this is [the case] for normal people. However, it is different if they ask their shaykh or someone else. A lot of the time people look for advice and want something. If you ask about something to ten people, they all say something else. That is why the heart is important. It is important in Islam. Inspiration comes from it and Allah would make things easier. If it is good, good happens. If not, it is different if the person's heart is not clean. Then different things happen.

Purification of the heart occurs with worship, with obedience, and with fear of Allah (JJ). Many people say their heart is clean, but they themselves are saying that it is clean. If you look at somebody else, it might not be so. Or you could see from their works that their heart cannot be considered pure at all. People like praising themselves and do not accept any criticism. However, instead of flattering you, a person giving advice is better for you. He is better than those who praise you and leave you in the wrong way.

Our Holy Prophet (SAW) says in his hadith, “Throw a handful of dirt on the face of someone who flatters you!” Because he is pumping you, he is not doing you good but doing you harm. Once you keep your heart pure, then good things appear and Allah inspires good things. May Allah give us all a heart full of faith. The pure heart is a faith filled heart.





*Sohibats by*  
*Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani*

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah