



Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

ALLAH'S FAVOR: SLEEP

Assalamu Alaykum

Auzu Billahi Minashaytanir Rajeem

Bismillahir Rahmanir Raheem

Madad Ya Rasulallah, Madad Ya Ashab-e Rasulallah, Madad Ya Mashayikbina,

Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.

Tariqatunas sohba, wal khayru fil jamiyya.

Allah Azza wa Jalla is unlike anybody. Nobody can reach His Own. Even through ideas and thinking, nobody can even think or reach the smallest of Allah's Own. We can only know His attributes: Merciful, Compassionate, Forgiving, or Gaffar, meaning the Forgiver. We recite, "Allahu La Ilaha Illa Hu." Allah (j.i.) is Hay. What is meant by Hay is the giver of life. Then we recite, "La ta'khuzuhu sinatun wala nawm." It means He neither gets tired nor sleeps. We wanted to come to this matter.

Mankind both gets tired and sleeps. Allah Azza wa Jalla gave sleep for mankind so they can rest. Allah Azza wa Jalla said, "If I wanted to, I could make it daytime until the Day of Judgement and that time you cannot rest. If I wanted to, I could make it night until the Day of Judgement and you would always stay in darkness." If asked, "How could we live in darkness?": Humankind can live. Allah Azza wa Jalla can make us live, as everything is in His hands. There is no such thing as we have to live with the Sun. Allah gave the best to mankind. Because there are creatures that live underground, and creatures that live in darkness. There are all sorts of Allah's creatures living everywhere, and only He knows their numbers. Our minds cannot comprehend anything.

That is why sleep is a favor of Allah. It is both His favor and it shows the weakness of humankind. You sleep at night and become like dead. If Allah wishes, He can wake you up in the morning, and if He wishes He can take your soul away and you die in your sleep. But sleep is needed for mankind. It is also good to do it in certain times. When late sometimes, a person misses prayer too.

Sometimes too we make Qaylula and lie down, thus applying the sunna of our Holy Prophet. It is sunna to sleep at noon time. You will have done the sunna of our Holy Prophet. Our Holy Prophet even says for that, "A hundred martyrs worth of good deeds are rewarded to the one that applies my sunna when my Umma (Nation) gets corrupt and is ruined." Even that sleep gives you a hundred martyrs' reward. It is our Holy Prophet's sunna even if you cannot do it. If you lie down to Qaylula for two minutes, a person is even rewarded for keeping our Master's sunna alive.

Sleep is also sultan. What is meant by sultan is that you cannot deny its order. No matter how strong a person might be, he sleeps when it is time for his sleep. This is also a sign from Allah showing people their weakness.

Waking up for night prayer is the most valuable prayer after the fard (duty). It is one of the most rewarding works. Only Muslims can do it. There is no such thing as



Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

waking up at night and praying in other religions. They sleep all night long. Allah Azza wa Jalla offered this specialty to the Ummat Muhammad, our Master's Umma. The night prayer is very satisfactory. The Tahajjud worship is one of the most acceptable worships. Tahajjud times are hours that Allah likes. May Allah give us all power and help us so we may wake up in those times Inshallah.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Shaykh Muhammad Mehmet Adil Hazretleri (q.s.)

09 February, 2015, Akbaba Dergah, Sabah Namaz