



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**SECLUSION IS STRUGGLE WITH THE EGO**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Thank Allah we did the duty of khalwat<sup>1</sup>. They made us do it thank Allah: Forty days with the support of our mashayikh.<sup>2</sup> Shaykhs would do what was much harder in the past. We did it as a similitude. May Allah (JJ) accept it as genuine Inshallah.

Khalwat is a different worship. You are secluded from the world for forty days. News of the world needs to be nonexistent for things not to come to mind. You struggle with ego and Shaitan for forty days. Of course, these things are hard if there is no himmat<sup>3</sup>. Thank Allah they are being supportive.

However, it does not work if you say, "We did khalwat and beat our ego." The ego is with you until the last breath. Therefore, there is no such thing as "I did it and it is over". "Continuous greater jihad," said our Holy Prophet (SAW) about jihad<sup>4</sup> with the ego. Let us continue with it Inshallah. If people trust their ego and get proud saying they beat their ego, they will have lost. What is important is to continue this drawn inspiration<sup>5</sup> Inshallah. Inshallah our aim is for the consent of Allah (JJ).

It was necessary to do khalwat, training, after Shaykh Mawlana's passing. Inshallah more power comes, more inspiration is drawn, and people benefit Inshallah. Allah sends more good people and it becomes a means for guidance Inshallah. May this power reach other people, people who are not in guidance Inshallah, and may it be a means for their coming to the right path. For them and for all of us Inshallah. May Allah be our helper and may He not let us abide by our ego.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
18 May 2016/11 Shaban 1437  
Sabah Namaz, Akbaba Dargah

1. Seclusion      2. Shaykhs      3. Support      4. Struggle      5. Fayd