



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**FOLLOW THE SUNNATS**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

People of tariqa are those who follow the way of our Holy Prophet (SAW). Because mashayikh<sup>1</sup> come from them. It is an absolute must for people of tariqa to do the sunnats<sup>2</sup> that our Holy Prophet (SAW) did. People of tariqa need to follow the sharia<sup>3</sup> and the sunnat of our Holy Prophet (SAW).

Let them do whatever the sunna is, whatever they know. For example, not praying<sup>4</sup> bareheaded. Now a new fashion emerged amongst the ladies: there are those who pray bareheaded. That is never acceptable for ladies anyway, but if men pray bareheaded they would be leaving the sunna. There are many kinds of skullcaps<sup>5</sup>. Let them at least put on a skullcap and not be bareheaded.

There are many sunnats like this. Our Holy Prophet (SAW) has thousands of sunnas. It is not possible for everybody to know them all. Let them do the sunnats of our Holy Prophet (SAW) as they learn them, since every sunnat done in End Times is a means of attaining the rewards of a hundred martyrs. Our Holy Prophet (SAW) says this. Meaning it is not a small thing, martyrdom is not an easy thing. You think about it now: you will do a little sunna and gain so much rewards.

We are giving examples such as the skullcap. In fact, wearing a silver ring is a sunnat too. Let alone, combing your beard and combing your hair are sunna. There are thousands of sunnats like these. People who make the intention for the sake of Allah (JJ) to follow the sunna of our Holy Prophet (SAW) and do the sunnat come out ahead.

There is no hardship for people who do everything according to our Holy Prophet (SAW). People think it is hard to follow the sunna. No, if you gradually do the things you know, you would gain its good deeds and rewards. You would not be deprived of that reward. May Allah make us succeed in doing all the sunnats Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

1. Shaykhs      2. Traditions      3. The law      4. Namaz/Salat      5. Taqiyah



*Sohbats by*  
*Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani*

Hazrat Shaykh Muhammad Mehmet Adil  
2 June 2016/26 Shaban 1437  
Sabah Namaz, Akbaba Dargah