



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**THE BENEFITS OF NIGHT PRAYERS**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

The life of our Holy Prophet (SAW) is light<sup>1</sup> for us. His words are light. They are all a means for us to come out to safety from this dark life, this dark world. People lose their way because of the darkness of some people even in this time of daylight.

The words of our Holy Prophet (SAW) are beautiful. One of his most important recommendations is night prayers. He says: "Two rakats of night prayer is better than a hundred rakats day prayer." It is a sunna to definitely pray two rakats before going to bed. This becomes standing up at night<sup>2</sup> and it counts as if you got up at night.

This is what happens when you pray two rakats before going to bed. Tahajjud is getting up after going to bed. But if you stay up all night it is not Tahajjud - it is Qiyamul Layl. When this is the case, the rewards for Tahajjud is more. There were many awliya who could spend the night without going to bed, yet still they would go to bed for 15 minutes and sometimes half an hour so they could catch Tahajjud. Tahajjud is a sunna. Then they would get up and pray their sunna prayers.

Sura Muzzammil is one of the first suras to be revealed to our Holy Prophet (SAW). It says: "Get up at night and pray." Back then the five daily prayers were not obligatory<sup>3</sup> and they would pray at night. Our Master (SAW) would pray all night. In fact, his feet would swell. Then Allah Azza wa Jalla ordered to "Pray less. There is no need to pray all night. Pray half of what you are praying. Pray less than what you pray so you can keep up with worldly works and help the hereafter." This way Allah (JJ) has shown us ease.

Night prayers, Tahajjud, is one of the orders to be followed by those who have entered tariqa. Even if two rakats, praying before morning prayer<sup>4</sup> is a means for rewards as if one has stood up all night, praying without going to bed, and worshipping. It becomes a means for the person's life to be illuminated, to be lit.

1. Nur

2. Qiyamul Layl

3. Fard

4. Fajr



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Gloom has spread, darkness has spread even more these days because it is End Times. We are in need of light, in need of illumination. Darkness without light gives savagery inside people and it weakens the faith<sup>5</sup>. Light increases iman and gives relief to people.

Relief is only possible through iman. Faithless people are always in darkness, in sorrow. Nobody else, nothing else can give people the relief that Allah gives. Even if it gives artificially, it ends after a while and it becomes worse. Let us obey what Allah gives and says. Inshallah may our insides be filled with light. May Allah be content with all of you.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah

5. Iman