



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

LEARN TO ENDURE AND FORGIVE

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

Humans beings need to endure to get along in life. Everybody would pass their life easier if everybody endured each other and showed tolerance. Now, when one's brother says something, the other says something worse. When a father says something to his child, the child gets angry at him, and when the mother says something the child gets angry at her too. So even if they are in the wrong, saying, "This man is old and he is not going to change any longer," would form an excuse and the anger would go away. It has been going on for 70 or 80 years anyway. It is not going to change. There is no need to get angry at your friend either. It gets worse when you are angry. You are suffering and you are carrying ill feelings towards the other person.

We need to find an excuse for everything to avoid anger. You need to find an excuse for the other person and avoid anger thinking, "He/she might not be feeling well today. Maybe that is why he/she is acting like this. He/she might be like this today because of the heat. Today it is because of..." This trait is found in Kaamil people¹. So many such things would come across Shaykh Mawlana and we would get angry. Shaykh Mawlana would find such excuses for the person that it would make you laugh. Meaning he would approach with such tolerance. He would excuse everybody not to get angry at them because they were human beings. People would live better if they acted as such. There would be better friendships, better father and child, and mother and child relations.

They would get along and it would be beautiful. On the contrary, adding on every day, it will end with either a quarrel or not talking to each other. It is worse when they are not talking to each other. Only bad people and shaitans would be happy for this. They are happy when people are upset at or enemies with each other. Good people are not happy with this. On the contrary, good people are sad and want to make up between them.

1. Spiritually complete people

2. Malayani



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The other person can have little faults. It is not a big deal. As we said, Inshallah we need to find an excuse for each fault and forgive them. We are also more at peace Inshallah when we forgive. We would be at peace inside and would not deal with things that do not concern us². And when we do this mercy comes from Allah and we get rewarded Inshallah. May Allah be content with you.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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