



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**DO NOT LEAVE THE SUNNA**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

People of tariqa are those who follow the path of our Holy Prophet (SAW). Because the mashayikh come from him (SAW). It is a must for people of tariq to do the sunna<sup>1</sup> our Holy Prophet (SAW) did.

People of tariqa need to follow the sharia<sup>2</sup> and the sunna of our Holy Prophet (SAW). They should do whatever the sunna is, whatever they know as sunna. For example, not praying with a bare head when offering prayers. A new fashion is out now. There are women who pray with uncovered heads. That is never acceptable for women anyway, but if men pray with uncovered heads, they would also be leaving the sunna. Let them at least put on skull cap (kufi hat) on their head and not have a bare head.

There are many sunnats like this. Our Holy Prophet (SAW) has thousands of sunnats. Of course, everybody is not able to know them all. However, as you learn the sunna of our Holy Prophet (SAW) you should apply it so it would be like gaining the reward of a hundred martyrs in End Times. Our Holy Prophet (SAW) says this. It is not a little thing, martyrdom is not an easy thing. You think about it now. You will do a tiny thing and it will be so beneficial.

We are giving the wearing of a skull cap as an example. Wearing a silver ring is also a sunna. Combing your beard and combing your hair are also sunnats. There are thousands of sunnats like this. People who make the intention for Allah's consent and to follow the sunnat of our Holy Prophet (SAW) would come out profitable.

Difficulty does not exist for people who do everything according to our Holy Prophet (SAW). People think following the sunna is difficult. If you do the things you know little by little, you would gain its reward and not be deprived of that reward. May Allah make us successful in doing all the sunnats Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

1. Traditions (actions and sayings)      2. Divine Law





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Hazrat Shaykh Muhammad Mehmet Adil  
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