



# Şeyh Muhammed Mehmet Adil El Kibris-i Hazretleri'ne (k.s.) Ait Risaleler

## THE GOOD IS IN WHAT HAS HAPPENED

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auza Billahi Minashaytanir Rajeem. Bismillahir Rahmaniir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammaddin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi Rasulullah, Madad Ya Mashayikhina,  
Sheykh Abdullah Dagestanî, Sheykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

“Al-khayru fima waqa'a,” is the Hadith of our Holy Prophet. “The good is in what has happened.” Meaning there is no need to be upset about everything. When something happens, there is certainly good in it for a Mumin, for a Muslim. So if something that you have no control over happens, there is good in it even if it appears bad. Allah turns everything good.

This is two parts. So you cannot go sin and say you did good. You need to know what you have done. If you do something that harms you or you commit another sin, it is written on your actions. But if something bad happens to you when going and coming outside, or if some people bother you and harm you, that is good as Allah knows best. Most people say, “I wish I had done this, I wish this had happened...” There is no need to say so. Be comfortable saying, “The good is in what has happened.” This is submission. Accepting what Allah gives is submission, and it is the manner (adab) of tariqa. Tariqa shows what Islam teaches in a more understandable way. Tariqa is an important thing. The one who submits to tariqa rests. One does not get hung up to whatever happens, saying the good and the bad are from Allah. The Ahl-e Dunya (worldly people) would die from sadness. Even if something very little happens, they keep grumbling, “Why did it happen? I would not have passed by here if it had occurred five minutes ago, two seconds ago, or three seconds ago; I would not have seen this, or would not have done such...” Their insides eat them excluding the disaster they did or the incident that occurred.

Mankind's real illness are inner illnesses, meaning spiritual ones. Their treatment is harder. That is why when something happens outside you should say, “Certainly there is good in this too.” Do not be hung up on it, and do not make it sadden you in the inside. Let it pass and go. This is a little sohba, but if you think about it they are important things. Little or big things happen to everybody at any moment everyday. It is a good thing, a beautiful thing to say to it all, “There is good in this too,” and trust in Allah and submit to Allah.

Wa Minallah at-Tawfeeq.

Al-Fatiha.



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Shaykh Muhammad Mehmet Adil

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