



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE EGO DOES NOT GET ENOUGH

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

“Wannafsu kattifli intuhmilhu shabba ‘ala hubbir reda’i”. “The ego is trained if you train it,” it says. “The ego is like a child, like a baby. The baby weans if you cut the baby from the mother’s milk. If not, if you say you want it to feed more and you will cut it later, it could suckle until age ten and maybe even more,” it says. This is written in Hazrat Imam Busairi’s Qasida Burda.

Meaning no matter how much you give the ego and whatever you do, the ego does not get enough. There is no such thing as “I gave it and it had enough”. No matter how free you leave your ego, it will not stop by itself. If you do not tell it to stop, if you do not control it, it would rule you all your life, it would do as it wills, and it would pass things it wants as if they were laws.

The world, the current situation, shows this. Things of 20-30 years ago are disapproved now. Or if you had said 20-30 years ago the world would be like this with so much dissension¹, corruption², and disgrace³, people would not believe you. However, gradually while in conformity with the ego and in conformity with Shaitan, people came till these times.

Ego training is required. This world will not get better without ego training. It will always get worse. After so much vileness, the ego will not be saved and the world will not be fixed with something normal. These are End Times and the one who will fix it is Mahdi Alayhis Salam. May Allah send him as soon as possible Inshallah. When Mahdi Alayhis Salam arrives only he can fix it. Because now, wherever you look, whoever you look at, we see that they have deviated.

Therefore, those who have respect for us, for our Holy Prophet (SAW), and for the saints⁴, should not look at others but look at themselves. Firstly they should fix their ego, then give advice to others.

1. Fitna 2. Fasad 3. Rathala 4. Awliya



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All of our egos are bad. Nobody should say, “My ego is good!” It is a big mistake. Everybody has an ego and it tries to pull people to wrong ways at every instant. May Allah keep us safe.

As we said, even if gradually, even if slowly, we need to be a little more careful everyday and we need to train our ego. May Allah make it easy Inshallah and keep us safe from its evils.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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