



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

CHOOSE THE EASIER PATH

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

Our Holy Prophet (SAW) states: “Our path is the right path. Take the easier one on the right path.” Most issues have a couple of paths, or the path is the same but there are a couple of choices. “Choose the easy path,” says our Holy Prophet (SAW). Do not go for the difficult, let it be easy, and do it easily. Our Holy Prophet (SAW) himself used to do it so to be an example for His Nation¹.

This is not a hard path. The path of Islam fits human nature. It fits and is compatible with Allah’s creation. If you are to follow another religion, it does not fit human nature. The one that fits human nature is the religion of Islam. It is easy for humans. Islam is normally easy but the ego and Shaitan show it hard. Therefore, “Choose the easy option,” says our Holy Prophet (SAW).

The way shown by our Shaykh Mawlana (QS) is also an ease. People should do however much they have the power to do. What is important is for people to believe in Allah (JJ) and love our Prophet (SAW). To do as much as you can is better than not doing at all. As faith increases, gradually actions also increase. With time, they perform prayers completely and give more obligatory alms² and charity³. They would improve like this slowly, but if you tell them to do everything all at once they would leave it and run away.

Therefore, choose the easier, choose the things you can continue, and do not take the extra burden you cannot carry. There, this is also the beautiful path and ease shown by our Holy Prophet (SAW). Our Holy Prophet (SAW) advices like this out of mercy for His Ummat. Whatever you do, do it making sure you ask for Allah’s content. Allah would help us on this path, and He gives us a burden according to our strength, however much we can handle.

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا

1. Ummat Muhammad

2. Zakat

3. Sadaqa



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He sasy, “La yukallif ullahu nafsan illa wus’aha.” (Sura Baqara:286) “Allah does not charge a person except with that within its capacity.” Therefore, our Holy Prophet (SAW) saw as as weak. We cannot be proud of our worship no matter how much it is. Our worship is nothing even if we worship for a thousand years. Rather than trusting in it and being arrogant, it is better to do the smallest, easiest thing. May Allah not misguide us from the right path and grant us the intercession of our Holy Prophet (SAW) Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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Sabah Namaz, Akbaba Dargah