



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

FOLLOW ISLAM, NOT THE EGO

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

We need to follow the religion of Islam. Islam is the religion Allah commands, the religion of Allah. We should not abide by what we like but by what Islam orders. Most people interpret religion according to their own mind, however it fits them, and they mislead people saying, "This is the right path!"

Therefore, so many factions come out. "There will be 73 divisions, 72 will go to hell, and only one will be saved and go to paradise," says our Holy Prophet (SAW). When asked, "Which one is that?" our Holy Prophet (SAW) said, "The majority." There are many factions because everybody says according to their own mind, "This is what I think," and draw a way according to themselves. They are going astray with that way and finally end in hell.

Of course, the things you like are not liked by Islam. Therefore, you need to adjust yourself by following Islam, by following the religion. We need to like and we need to love whatever the religion orders. There is no such thing as "that is also alright or not alright". If you go wrong then you would be ruined, but if you slowly and gradually accustom yourself, then you will follow and your whole life would go as Allah commands.

Of course, the ego does not like this in the beginning, but it becomes a habit as you keep repeating it. This way, Allah's commands become normal and not difficult. It is very hard for a man who does not pray when you say, "Come and pray." However, little by little starting with two rakats it goes up to four rakats over time. Before you know it, he would be offering all prayers. After that he would say, "When is the time for the next prayer? Let me pray and relax."

When a person who prays does not pray, it becomes a burden, it becomes like a debt on that person. There, this is what we are talking about is like. Prayer never comes to mind the whole day for the person who does not pray, but the person who prays, who follows



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this path, thinks about prayer the whole time. They keep thinking, “When will it be time for prayer? When will the time end? When will I pray? Is it time yet or is it not?”

May Allah make us successful in loving the religion and following the orders of the religion Inshallah. May Allah also keep us safe from the evils of our ego Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
3 December 2016/3 Rabiul Awwal 1438
Sabah Namaz, Akbaba Dargah