



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**THE EGO IS UNTAMED**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Awwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Allah Azza wa Jalla created the human ego untamed, wild. It needs to be tamed. What is meant by taming is adab, it needs to learn good manners. The ego can only come round through manners, otherwise it is wild and untamed. It does not want anyone but itself and does not get along with anyone.

“Al-mu'minu yu'laf,” is the hadith of our Holy Prophet (SAW), “yu'laf wa ya'laf.” Meaning finished with wildness and getting along well with people. “People also get along well with him,” says our Holy Prophet (SAW). A believer, a Muslim, is a person who does not cause shemozzle and one who always gets along well with family and others outside.

However, the more they are far from this faith, the more they are difficult to get along with. They would not be able to get along with people, with family, with relatives, and with neighbors. Everybody would say, “This man is a bad-tempered man.” Why? Because he has followed his ego and gone wild. The ego is already untamed but people who have not been able to tame their ego cannot get along with people and people would not like them. And they would not love them. They only love themselves.

May Allah save us from this wildness and grant us to be more sweet-tempered Inshallah. May we be amongst those servants whom Allah loves and Hazrat Prophet (SAW) loves Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah