



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THIS LIFE AND WORSHIP

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

Thank Allah, Allah has created us Muslim, because woe unto us if He had created us differently! A couple of words are enough to become Muslim. Once you say, “La Ilaha Illallah, Muhammadun Rasulullah,” you are Muslim. After that, whatever you want to do you need to strive and work for both in this world and the hereafter.

Now some people only want to work for the hereafter. That is also good, but the works of this world and looking after your family are also considered worship. Earning a living through the permissible¹, looking after your family, and raising them as pious² people is also a great worship.

Beside this, Allah Azza wa Jalla opened for us plenty of doors of the hereafter. There are beautiful things. Actually, there is not much bother in performing worship. Following morning prayer³ is the sunrise prayer⁴, and following that is the mid-morning prayer⁵. It does not even take 15 minutes if you pray them all.

There is the tasbih⁶ and it would be good if you are able to do it. Allah Azza wa Jalla placed them all in intervals. You can take care of your worldly affairs and build your hereafter. When they are done together, you are counted as being in a continuous state of worship. You would be counted as having worshipped throughout your life. You would gain in this world and you would gain in the hereafter.

So Allah Azza wa Jalla did not assign a burden people cannot bear. Some people keep saying, “Why are you praying so much?” Their problem is they are envious because they cannot do it. They think and say, “They do it. They are better than us,” then they say, “They are not doing right. We are better than them.” We should not listen to them. We need to caution them not to be lazy and to perform their prayers and worships.

1. Halal

2. Salih

3. Sabah

4. Ishraq

5. Duha

6. Duties



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The Son of Adam is so under the control of Shaitan that he runs around all day and does everything, but when it comes to prayer he says, "I cannot do it!" You say, "Start with two rakats," and even that is difficult for the person. This laziness is from Shaitan. Not being lazy, being a diligent person, are the attributes of awliya⁶ and mumins⁷.

Their efforts are "The more we collect for the hereafter the more we would gain" since we are going to stay for a short while in this world. Just as a person hurries when trying to reach somewhere on time, they are like that. No matter how long this life might be, even if a 100 years, again it is considered as nothing. It is short.

People without faith are bored from an early age. Saying, "What are we going to do in this world?" these people who are faithless waste themselves, commit suicide, and do the sort. This arises from faithlessness. The person with faith, considers life short no matter how long it might be, and makes an effort to be useful to oneself and useful to the Nation. May Allah make us amongst them Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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Sabah Namaz, Akbaba Dargah

6. Saints

7. Believers