



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TRY TO CHANGE YOUR EGO'S WAY

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

It says **طِفْلُ النَّفْسِ الْمَذْمُومَةِ** regarding the human ego. A person must train oneself. When one does not train it, the ego is not liked just as a little spoiled child is not liked. It would be "Tiflun nafsil mathmumah", decried, meaning something not liked.

People need to tame their ego. Most people see themselves in the mirror of a giant. You see that when normal people start talking they explain, "I am this and I am that. I can do this and I can do that." This is an unliked thing and that which further spoils the ego.

Everybody should know their condition and their place. They should not raise themselves to the skies in the smallest thing. Because everybody else sees the condition as it is. When a person lifts off by themselves, then they fall into a funny situation. They would be spoiling their ego and would be useless in the sight of Allah. Even if not disgraced, the person becomes a laughing stock amongst people.

Therefore, never make concessions to your ego. Do not see the fault in anybody. See the fault in yourself. People of today find the fault in someone else in every action they take, in everything. There is nobody better than themselves and the fault is always with someone else!

Try to change your ego's way a little. Do not leave your ego as a child, and what's more a naughty child. People would not like you if it is like a naughty and spoiled child. They would say, "Stay away!" and send you off. Be careful if you have such a condition. Later do not say, "Why are people doing this to me? Why don't they like me?" May Allah keep us safe. May Allah help us Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
20 December 2016/20 Rabiul Awwal 1438



Sabah Namaz, Akbaba Dargah

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