



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

NOTHING CHANGES WITH THE NEW YEAR

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sobha, wal khayru fil jamiyya.*

كَأَنَّهُمْ يَوْمَ يَرَوْنَهَا لَمْ يَلْبَثُوا إِلَّا عَشِيَّةً أَوْ ضُحَاهَا

“Ka’annahum yawma yarawnaha lam yalbathu illa ‘ashiyatan aw duhaha.” (Sura Nazi’at:46) Sadaqallahul Athim. He says: “When people are resurrected on Judgment Day, they will get up as if they only laid down for one night.” They will have laid down for thousands of years, not one year. They get up as if they were laying down for one night.

There, they are saying the New Year supposedly arrived last night. Next year you look and in the blink of an eye this year is also gone, and the year after is gone too. Life also ends in the blink of an eye. Therefore, we need to take lesson as a [new] year comes and do things to prepare for the hereafter.

Those who are happy for this world, for the coming of the New Year, are foolish. Nothing changes with the [new] year. The years foreordained by Allah come and go. Let people fix themselves and take benefit from that year for themselves. Statements like, “This year went well. This year went badly,” when what went badly are what people do. Even if it went badly, it does not matter if the person is honest and obedient to Allah and compliant with Hazrat Prophet (SAW). These are exterior appearances and they cause you no harm. What is harmful is losing your hereafter.

“Like one night,” He says. Sometimes a person sleeps for one night. What is meant by Duha is mid-morning which is a little longer, and the person does not wake up 7 o’clock but at 10. When they wake up they will say, “Good gracious! How did it happen? Did Judgment Day occur?” This is how it is. Allah (JJ) created days, years, and time so humans take lesson and make use of them.

Saying things like, “It did not go well. It went badly,” for important and valuable time and throwing the blame on others are the words of foolish people. They do not find



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the fault in their egos but in other things. “The year went well,” or, “the year went badly,” they say, “this year we did a New Year’s. Oh it was very good. We spent it well. We had lots of fun...” They think the whole year will be like this. There is no such thing. There is no relationship whatsoever. Let people fix themselves, look at themselves, and never find fault in anything else. People should perform their worship and seek refuge in Allah. Those who seek refuge in Allah fear nothing.

There, storm, rain, mud, snow, and ruckus outside. Does anything happen if a person stays at home? No, nothing happens. There, this year and other years are the same way. If you fix yourself, hell could be breaking outside and nothing would happen to you. Or it would not affect your hereafter too and you would be in safety. What we mean by safety is saving your faith. Those exterior factors would have no effect on you.

We need to be careful of this. We need to take lesson from what is being done, from occurring events, and from what they call the New Year. Do not find fault in anything. Strengthen your iman and nothing would affect you Allah willing. May Allah strengthen our faith. May our iman be strong Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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Sabah Namaz, Akbaba Dargah