



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**The Gentlemen Do Not Even Step On An Ant**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Our Holy Prophet (SAW) states:

لَا ضَرَرَ وَلَا ضِرَارَ

“La darara wala dirar.” Each hadith of our Holy Prophet is a masterpiece. Meaning he shows people guidance and the right way with a short sentence.

What does “La darara wala dirar” mean? There is no wasting and damaging in Islam. What is meant by waste and damage? There, what we see, what the people who are called terrorists are doing: destroying the surroundings, dragging the surroundings into chaos, causing dissension, and killing whoever comes across them without consideration for children. Therefore, this has nothing to do with being Muslim. Whoever harms people, whoever causes damage and loss has nothing to do with being Muslim.

The whole world thinks Muslims are like this, but these people who do not know the Koran and the hadith are saying, “We are fighting for Allah!” You cannot present this way you are taking as the way of Islam by calling it “For Allah” while causing damage and loss. This is the way of Shaitan. Those who are causing damage and loss are with Shaitan. They cannot be with Islam. They can never be with the Prophet (SAW).

Our Holy Prophet (SAW) showed the method for everything. He showed people the light. He did not show them darkness. We should not only have mercy on people but even on animals. There were some holy ones who even had nicknames given to them. There were some holy ones called “Wouldn’t-step-on-an-ant”. So they would be careful not to step on an ant or an insect when they walked. Whereas who is careful of this? People cannot be so careful.





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They were even careful of this that the holy words of our Holy Prophet (SAW) were on top of their heads. They showed respect and they received respect. Nobody lived for thousands of years. Everybody passed away to the hereafter. Everybody receives their rewards and good deeds in the hereafter. Whoever does not listen and says, "I'm this and I'm that," they will answer for it in the hereafter, and they will be questioned in the hereafter.

Be careful not to damage anything and not to cause loss to anything. Take hold of your ego. It is a great deal to take hold of the ego. It is not easy. May Allah make us all see the good and to be a means to follow the good Inshallah. Let us be with the good ones. And to those who are with Shaitan, let us say, "May Allah guide them." What can we do now?

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah