



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**DO NOT THINK IT IS FROM YOURSELF BUT FROM ALLAH**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Auzu Billahi Minash-shaitanir Rajim. Bismillahir Rahmanir Rahim.

إِغْلَمُوا أَنَّمَا الْحَيَاةُ الدُّنْيَا لَعِبٌ وَلَهُوَ وَزِينَةٌ وَتَفَاخُرٌ بَيْنَكُمْ وَتَكَاثُرٌ فِي الْأَمْوَالِ وَالْأَوْلَادِ

“Tlamu annamal hayatud dunya la’ibun wa lahwun wa zinatun wa tafakhurun baynakum wa takathurun fil amwali wal awlad.” (Sura Hadid:20) Allah Azza wa Jalla states: “Know that the life of this world is but amusement and diversion and adornment and boasting to one another and competition in increase of wealth and children.” What are these? They are trials.

Most people try to always raise themselves saying, “I did this and I did that.” Some people go extreme so much so that eventually people see their condition and laugh at them while others get angry at them. So they become a subject of mockery and become a laughingstock. Sometimes you do something that you might have to talk about. It is better to tell it in a good manner.

If you say, “I did this,” they will say, “Who do you think you are?” You are nothing. However, one needs to say, “Allah gave us success in this work, Allah helped us and we were able to do this and that. Thank Allah things went well. If it was not for the will of Allah, we would not have been able to do anything.” Because there are millions of people like you. Those people could be better than you, but Allah’s help did not reach them, they could not do anything, and they got stuck where they are.

Did what you do turn out good? It was good if you remember Allah. If not, if you think it is from yourself, then it was no good. You can think of yourself as high as you want. People will laugh when you start talking. There are many people like that. When they speak and say, “I did this and I did that,” people start laughing at the man. They still keep talking. Of course it is better if they don’t talk. It is better if they stay quiet. Or if they are to speak, they should speak according to manners. That would also be alright.



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Training and manners are important in these things. And that training they receive from the shaykhs, people receive it from murshids. The training they get from normal worldly people is only enough to pomp himself, his ego. It is of no other use. We need to think of Allah at every moment and to seek refuge in Allah to be successful in works of this world and the hereafter.

The world is full of examples. Men who were playing with billions, later you see they do not have a penny left and are living a miserable life. Therefore, do not think this world will be left for you. Always remember Allah and be thankful so the blessings continue. May Allah increase them Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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