



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**ALLAH IS THE BEST HELPER**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Allah is the best helper. We should not say this and forget about it. Now, people are in this state anyway. They should have totally understood this, but it does not cross their minds. People become relieved if they remember this. Allah also helps when you say it.

Nobody can help humanity if Allah does not want it. Nothing can effect people as long as they are under the protection and guardianship of Allah. They become relieved, find peace, and all bothers are removed. There is no such thing as running after it as, "This man is rich, he would help us and we would be relieved."

Funny things happen sometimes. A man, a bahlul, sent a letter once: "Make dua to Allah for me. Let me get in the dream of the Sultan of Brunei so he can hire me." That is amazing. You pray to Allah so Allah gives you relief, so Allah gives you common sense, and so Allah helps you out. There is no need to take it to such lengths. Allah can help you on the top of a mountain or in the middle of the desert. You need to trust in Allah. The one who helps you is Allah and He does not let you be in need of anybody. The best for us and the closest to us is Allah Azza wa Jalla. May we not be deprived of Allah's help Inshallah.

"Hasbunallah wani'mal wakeel, ni'mal mawla wani'man naseer." Allah is the best helper and there cannot be anyone better than Him. Perish the thought (Hasha). And this people should say a hundred times a day so they may be saved from their bothers and troubles. Whatever gloom there may be, whatever sadness or anxiety, they all go away. Sometimes people think when they are with a powerful man they can be saved from troubles through his protection. The biggest protection is from Allah Azza wa Jalla. Do not forget this. Seek refuge in Him.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah