



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**HELP NEEDS TO BE ASKED FROM ALLAH**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Auzu Billahi Minash-shaitanir Rajim. Bismillahir Rahmanir Rahim.

وَعَلَى اللَّهِ فَلْيَتَوَكَّلِ الْمُؤْمِنُونَ

“Wa alallahi falyatawakkalil mu'minoon.” “Upon Allah the believers should rely.” (Sura Aali Imran:122) Allah Azza wa Jalla states: “Trust in Allah, rely on Allah.” Now people of today forget about Allah and look for references in all their business. They look for the owner of property or the owner of business. While saying, “Let us do business. I know people,” they do not trust in Allah but trust in those they know.

Even if a person is to be of help, he can help one person, five people, 50 people, or a 1000 people at most. 100,000 people come asking from one person, and when he is not able to help this time they are disappointed. Most of them are people who have not trained their ego and this time they insult the man. Of course they do not do it in front of him, but they curse behind him according to their own mind.

The man has limited power and there is only so much he can do. As we said, nobody can satisfy everybody.

مَا يَرْضَى الْعِبَادَ إِلَّا رَبُّ الْعِبَادِ

“Ma yardal 'ibad illa Rabbal ibad.” Only Allah Azza wa Jalla is the one who is able to satisfy everybody. You will rely on Allah. You will ask for your sustenance from Allah. You will ask for help from Allah. Whatever it may be, you will trust in Allah and ask from Allah so that Allah gives you. He is able to do so.



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Even if a human being helps 100,000 people, even if he helps a million people, he cannot help everybody. It is impossible. Therefore, people should not forget about Allah, should not forget that sustenance comes from Allah, and should not forget that help needs to be asked from Allah.

Ask Allah and Allah gives. He is capable<sup>1</sup> of everything. When humans ask Allah, Allah willing they do not get disappointed. Allah Azza wa Jalla gives to those who sincerely, truly, and really ask. He does not give what one wants but certainly what is better. Do not suspect badly saying, "I wanted this and He did not give it to me!" Even if He never gives, even if He does not give here [in this world], He will definitely give you in the hereafter. As we said, it will be better that time.

Do not do to Allah Azza wa Jalla what you do to the people in this world! You are offended when you want something and it does not turn out as you thought it would. Beware, never think of being upset at Allah! We are His slaves, His servants. How dare we? If you do this, surely He will give you its reward. If not, if you are offended, as you like. It would get worse.

This is training of the ego. People are now obedient to their ego, they are slaves of their ego. They have become not Allah's slave but their ego's slave, Allah forbid. They rebel against everybody when they do not get what they want. Rebellion is not good. You need to follow the things Allah likes, and you need to do the things Allah commands so you are satisfied. You would live in peace in this world and come out profitable in the hereafter. May Allah help people so they do not follow their ego Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah

1. Muqtadir