



**Sofibats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**IT IS GOOD TO ACCEPT ADVICE**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

Auzu Billahi Minash-shaitanir Rajim. Bismillahir Rahmanir Rahim.

الَّذِينَ يَسْتَمِعُونَ الْقَوْلَ فَيَتَّبِعُونَ أَحْسَنَهُ

“Allathina yastamiunal qawla fayattabiuna ahsanah.” “Those who listen to speech and follow the best of it.” (Sura Zumar:18) It is also the dua of our Holy Prophet (SAW), “Make us amongst those who accept advice,” he says: “Allahumma ij'alna minallathina yastami'unal qawla wayattabiuna ahsanah.”

اللهم اجعلنا من الذين يستمعون القول ويتبعون أحسنه

There are many types of advice. Advice is showing the good. Showing the bad is not advice, it is doing evil. People need to listen and accept what is good, what is ordered, and accept the advice. If they listen, it is for their own good. If they do not accept then as they like.

Human beings need to know what is good and what is bad, what is good and what is bad for themselves. They are in loss if they do not know this. Advice is important, and it is a beautiful thing to accept advice. However, people of today do not want advice or anything of the sort. They are only looking for ways to do what their ego likes.

If it does not fit their ego, “This is not advice,” they say. Whereas advice is not good for a person's ego but for a person's soul. The ego does not want anything but evil. You are always in loss if you follow your ego. The ego does not take you to any goodness. Therefore, listen to advice even if it is hard on your ego. Lend an ear even if it does not fit your ego. You will be profiting in the end.

- Allah Azza wa Jalla: Allah glorified and exalted be he



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If not, if a person goes after one's ego, one is always in loss and it would not be of benefit. When Allah Azza wa Jalla created this life, He gave humans willpower. There is willpower for people to hold their ego, to rule over their ego. It can be done if one wants it. Do not let go of your ego's leash. Control yourself. May Allah give everybody that power so that nobody is harmed by their ego. Amin.

Wal hamdu lillahi Rabbil alamin. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
8 March 2017/9 Jumadil Akhir 1438  
Sabah Namaz, Akbaba Dargah