



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

GET RID OF BAD HABITS

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sobha, wal khayru fil jamiyya.*

There are things that are not from birth but which become customs and habits of people. We need to train to keep the good and get rid of the bad customs and habits. It is important to comply with the commands of Islam. It is also good to comply with customs if they comply with Islam. Some customs are the customs of our ancestors, and because most of them complied with Islam, they adopted Islam, entered Islam, and lived with Islam. It became a beautiful community and went on the path of Allah for hundreds of years. They saw that they could not destroy this beautiful path from the outside, so they tried to decay it from the inside. They tried to awaken the characters of a human's ego and they succeeded with it.

Lies, tricks, fraud, lack of manners, shamelessness, and whatever else: they told people, "This is your nature." Of course it is easier for people. People want to go to it more when it is forbidden (haram). Just as a fly goes to filth, the ego goes to the haram the same way. When the way was cleared, then all of society became like that and they destroyed and brought down the great state.

And now, as we said, because there is Islam, they are trying to demolish it. May Allah protect it. However, people are more awakened compared to the past and can better understand what is good and what is bad. Therefore, as we said, what is important is training of the ego, doing the good customs, and giving up bad habits. Lying and not being honest are at the head of bad habits.

We need to be careful on the subject of telling the truth. You hear of an incident, and if you ask the same matter to ten people, they will all think they are right. However, one of them is right. They cannot all be right. That is why we need to be careful. Even if telling the truth might look like it is to the detriment of oneself, it is not. It might have been



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to the detriment of yourself but when you tell the truth, it becomes an advantage for you in the sight of Allah. Even if it is bad, Allah changes it. He changes it to good.

Therefore, telling the truth and being honest is a great virtue. We need to do it Inshallah. May Allah make it easy. It is hard, it is not easy, but it will gradually happen Inshallah. They say, "Life comes out but habits do not," but Inshallah may habits also come out. May these bad habits of ours come off of us Inshallah.

Wa Minallah at-tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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Sabah Namaz, Akbaba Dargah