



Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

LIFE IS ABOUT EXPERIENCES

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunas sobba, wal khayru fil jamiyya.*

Allah Azza wa Jalla created us and taught us:

عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ

“Allamal insana maalam ya'lam.” (Sura 'Alaq:5) While humankind knows nothing, Allah gives an inspiration and he slowly learns. People are in constant learning, from infancy to old age. People need to take lesson. Allah would show people its goodness, but those who are not on Allah's path do not take lesson. Everything turns out bad, a catastrophe for them.

People who want goodness see everything as a lesson. People are in various different states every day. Sometimes they are good and sometimes they are states that are not good. Knowing it is all from Allah, if people are thankful to Allah for learning, they would all be replaced with goodness or good deeds would be written. Even if it is hard, rewards would be written for them. We need to say we came from Allah. This is also an experience. The good and the bad are an experience for people.

There is no need to rebel when something bad happens. This is also something. People learn more every day. There is no end to knowledge so there is no end to learning. A person will learn till death, and so let him bring to mind what he learned as experience. He needs to say, “This is how it was. There is a benefit to it,” and this way he can teach others too.

They say life is about experiences. Allah (JJ) gave this world and this life to people as a test.

لِيَبْلُوَكُمْ أَيُّكُمْ أَحْسَنُ عَمَلًا



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“Liyabluakum ayyukum ahsanu ‘amala.” (Sura Mulk:2) As we said, there is a lesson in everything. Allah does not burden anybody with what they cannot carry. Certainly, we need to take lesson from these states and gain experience. Let not experiences go to waste either. When people say, “It happened to us before,” or, “This is like this and that is like that,” they become satisfied, they mature with that experience, become a more perfect human, and get closer to Allah (JJ).

These things we are talking about, experiences, are a means to train a person’s ego. If not, if after so many things and states befall you and you still go after your ego, then it is of no benefit. As we said, just like you heat iron, and hit, hit, and hit it, in the end something solid and beautiful appears, these effect the ego the same way. If not, you burned in a useless way. They hit and hit, but if it is useless, it is of no benefit.

As was said, this is to train our ego. Let us be in control of our ego. There is nobody who followed his ego and won. We need to accept these things that are done as training our ego, put it in our minds, and train our ego. Then it will not be for nothing. May Allah grant us all to take lesson from experiences so our life is not in vain. Allah also gives us rewards when we take lesson from those experiences.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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