



Sofibats by
Hadrat Shaykh Muhammad Mefmet Adil al-Hakkani

PATIENCE IS THE FOUNDATION OF TRANQUILITY

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwwalin wal Akhbirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

The biggest shortcoming of today's people is not enduring, not being able to stand each other, and not being patient. When these do not exist, there is always a dispute and resentment between people, and no peace is left. It is the same way between husband and wife as it is between people. However, what is most important is endurance between family members and being patient towards each other. No peace and comfort is left when it does not exist. Allah Azza wa Jalla created people so they may be helpful to each other, and disputes arise when people do not follow the Islamic commands of Allah, knowingly or unknowingly.

They believe people and give an attitude to their own family, their own wife or husband, and a dispute occurs out of nowhere. Like they say sometimes, "For a reason that won't even fill a fig seed," big disputes and fights erupt, and divorce occurs. Therefore, we need to be patient and persevere. Allah gave this strength to people. He gave both patience and perseverance, and we need to use them. Most of the time because of a fight we say, "I will leave you and go." They say the wife does not love the husband anymore, there is no more love left, and so, "Let us end this." It is not a game. Allah does this to people: He gives a bigger disturbance. Because if it was for no reason, Allah gives in return something with a reason and makes the person endure it. Later the person would say, "I wish I endured that," for something the person did not endure and they regret it.

This is the feature of people of these times: Not enduring and being impatient. However, as we said, Allah gave people the strength to be patient and to endure. The person learns this by being patient and enduring. It does not happen immediately. If there is constant rebellion instead of patience, then in the end there is divorce or fights. But a person can endure slowly, sometimes taking something lying down, sometimes the other one does it, or sometimes saying, "What was said is not true."



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Allah Exalted and Glorious be He says, "Be patient." It is an order. However, people of today do not have patience, and in the smallest thing they are constantly either finding the fault in their husband, their father, their child, the government, or the state. They never look for the fault in themselves. May Allah give us all common sense and intelligence so we may get along nicely and keep going Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil
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