



**Sofbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**HUMANKIND DOES NOT DO A THING WITHOUT EXPECTING  
SOMETHING IN RETURN**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhbirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sobba, wal khayru fil jamiyya.*

In this world, people expect a benefit from each other. If they are attempting to do you good, they certainly want something in return. They want something in return in many ways. They expect something in return saying, "I did you a favor so you have to do it too," or, "You have to help me. You have to support me." So if you are to ask something from someone, you need to be ready accordingly. You need to help them out too or give whatever they want.

This is the case for this world. People want to take and not give, and take and not help. This is the nature of man. Therefore, Allah Azza wa Jalla makes people trouble each other. The clever person should not ask for the gratitude of others. They do not ask from others but ask from Allah. This is how clever people are.

There was a quaint philosopher who lived in old times (Diogenes of Sinope). Someone came and stood in front of him (Alexander the Great) saying, "What would you like? I can help. Let me do something for you." Because he was clever he said, "Stand out of my sunshine. Just do not cast your shadow and I do not want you to bestow anything else." It is good if you are like that, if you do not need anything from anybody. Because in return for your request, you will follow his thoughts, you will talk as he wants, or you will help him with the things he wants to do. And most of the time what they want is what does not fit man's nature or things Allah does not want. That is why humans should trust in Allah and ask from Allah more. You should not ask a favor from anybody or make others plead. This is needed more for these people, people of these times. Because everybody is running to politicians and getting upset saying, "He did this and did not do that." Humankind cannot do even if they would like to.

لا يرضي العباد إلا رب العباد





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It is said, “Laa yardil ibad illa Rabbil ibad.” Only Allah Exalted and Glorious be He can make people content. Nobody but Him can make people content. They can be the head of the great powers if they like and still they cannot make people content.

Therefore, trust in Allah, turn to Allah, and do not forget about Allah. You will be at ease if you do this. If not, you will run here and there and after this and that one. What a run that will be! If you would run after Allah Azza wa Jalla that much, Allah would give you a thousand times more. He would give you even more. May Allah make us all successful in practicing this advice Inshallah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet Adil  
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Sabah Namaz, Akbaba Dargah