



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**TARIQA IS FOR TRAINING THE EGO**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya*

Tariqa is for training the ego. A person enters the tariqa not to raise one's ego but to lower one's ego. Some people who enter tariqa in this day and age unknowingly raise their ego. They think their ego is finished when they enter tariqa. No, it attacks you more. The more you are on the right path, the more it attacks you.

The bad person's ego does as it likes anyway. They go wild together. There is no need for it to attack that one. Things are going by themselves anyway. How do they say? Things are on track; it is going. It is the same with this. Things are on track with the ego and it is steering the man as it likes. It rides him like a donkey and is taking him where it wants. However, you entered tariqa to be saved. It knows this and is attacking that much more.

Of course, training the ego is not easy. Our Holy Prophet (SAW) shows ego training and says, "Treat well the one who treats you badly, respect the one who does not respect you, give to the one who does not give you, and forgive the one who oppresses you." So each of these is a very difficult thing, but they are necessary for ego training. People of this day and age do not even like the shaykh when he says something, and they stand up to him. Then they say they are in the tariqa. Alright, you can say, "I cannot do it. May Allah forgive me," but to get up and directly be against it does not fit manners (adab). Tariqa is adab. Adab comes in first place in tariqa. The ego is trained with adab. It does not get trained with bad manners. You need to keep your manners.

This ego training, as we said, is not easy. It will slowly happen Inshallah, but you have to accept the advice. Firstly, you have to conform to manners and keep your manners. May Allah grant us all to be successful in training our ego. The person who trains it is acceptable in the sight of Allah (JJ) and is a persona grata amongst people.

Wa Minallah at-Tawfeeq. Fatiha.





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Hazrat Shaykh Muhammad Mehmet ar-Rabbani  
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