



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**YOU CANNOT ACT BASED ON DREAMS**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya*

People see dreams but dreams are not for us to act upon. There are a couple of types of dreams. True dreams occur with prophets, pious (salih) ones, or saints (awliya). Regular people once in a while, meaning very rarely, see such dreams. People mostly see a dream having been effected by the events of a day. Then they cannot stir themselves and say, "I saw such and I will do as such."

They say you cannot act based on dreams because dreams can be contradictory to religious law (sharia). Or people might see something they want according to their own head. Saying, "I will do as such," does not work. Most people say, "I am under the influence of the dream and will do as such." No, there is no need. There is no need if it does not fit sharia. However, if it fits and you want to offer prayer or fast, then there is no obstacle. But if you stir yourself and say, "I will shoot that one, I will break this," then it does not work that way.

Dreams came instead of revelation for some prophets. They did not get revelation but they were told in dreams. There are also shaykhs and they can be seen in dreams. Then when they appear in front of you in substance you would say, "I saw this before. He called me and this and that." So they also have disposition on dream. Shaitan also has disposition on dreams. Most dreams are shaitanic and we do not need to pay attention to them.

We should also not tell dreams to everybody, because it is Alah's wisdom (hikma) - there is also wisdom in it - and it would happen as it is interpreted, as it is explained. Therefore, when you see a dream be grateful to Allah. When you see a bad dream, it would have no value nor any harm if you do not tell it. What is important is that it is not told and made public. When you are to tell it, tell it to someone you know or someone who knows how to interpret well. If not, it is better that it stays with you.

Allah has many hidden causes (hikam). Allah has lots of creation, beautiful things, that we can see and we cannot see. We need to do them as Allah prescribes and in the tongue of our Holy Prophet (SAW). If you do it you would be comfortable. If not, if you act without doing it then you would be harmed. May Allah keep us safe. Let us pay attention





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to these matters. It happens a lot with us. If people keep acting based on dreams, in the end they either lose their mind or their religion becomes incomplete. May Allah keep us safe.

Wa Minallah at-Tawfeeq. Fatiha.

Hazrat Shaykh Muhammad Mehmet ar-Rabbani  
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