



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THOSE WHO ARE MODEST RECEIVE RESPECT

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Dagbestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunas sobba, wal khayru fil jamiyya.*

Our Holy Prophet (SAS) says,

أدبني ربي فأحسن تأديبي

“*Addabani Rabbi fa'absana ta'dibi*”, “Allah taught me *adab* (good manners); I was dressed with the best of manners.” Adab is a beautiful thing. Now they called it etiquette. The Prophet (SAS) had the best adab. He is the best example for mankind. It is necessary to follow his path. A person with adab is respected amongst the people, and loved too. Even if others may not like him, they still show their respect.

Islam, Muslims have dignity. What is meant by dignity? In the light of the Prophet (SAS), to know how to sit, how to behave appropriately in an assembly. Those who submit themselves to his path, as we said before, are accepted by others, they are trusted, and their words are trusted. Otherwise, if one behaves like most people, then he is considered less by others.

Everything has an appropriate time. Sometimes it is permissible and appropriate to joke; we then make a joke. When it is required to be serious, we then maintain seriousness. How to speak to an older person, or a young one, all is included within this education. Now it is the End Times. They speak without thinking, then they outburst suddenly. Then even if they may be wrong, they do not accept their mistake, or without apologising, they see themselves right. If this takes place, they are far from dignity, far from modesty. People prefer to keep away from them, or to keep away from the harm or evil they might cause. Those people are not liked.

The meaning of dignity is “sobriety”, which means that when something happens, one thinks, ponders upon it, then speaks about it, or decides what to do about it. Because once a word is uttered, it cannot be taken back. This is something to take care of. We need to live life with care. Surely this cannot happen instantaneously. It is learned slowly. By trial and error, one contemplates the result, and takes an account of one's action. In



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the process of contemplation and account taking, one gradually becomes a dignified and modest man.

As we said before, these good characteristics are at the basis of Islam. A true Muslim is the one who is like our Holy Prophet (SAS). Our Holy Prophet (SAS) did not get angry in such ways as an ordinary person does. When he got angry, he got angry for the sake of God and not for his ego (nafs). Most of the time he was gentle. We need to be like him and take him as an example Insha'Allah. May Allah teach us all these beautiful habits, beautiful adab, Insha'Allah.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet ar-Rabbani

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Sabah Namaz, Akbaba Dargah