

Seek Goodness and Beauty

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,
Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur.
Tariqatunas sobba, wal khayru fil jamiyya.*

People should not interpret every incident as a bad thing. A person has faults, and disregarding the person's fault, one should see his intention. Finding faults in everything, life passes in torment, and one does not find relief, peace. One would be continually criticizing people by saying, "This one did this, that one did that ..."

In fact, if the person finds these defects in himself, and says to himself, "My *nafs* is this way. I think wrong. I know it is wrong," then he is more relaxed. But if he says, "These people are no good. They are all against me," then he is in discomfort, and he is hurting himself. As long as a person follows his *nafs*, he is in torment. Do not obey your *nafs* or listen to it. Deluding internal whispering (*waswasa*) comes from the *nafs* and Shaytan. When both cause *waswasa*, one cannot have peace, comfort--continuously one is in turmoil.

This is a piece of advice for people, because they do not look for the good, but look for faults and something to shame the other. If you look for faults and something shameful, most do have many such things. You should seek the goodness. Those who seek good, they find good. Those who seek faults, they remain uncomfortable. May Allah make us all from those who seek goodness, and who are amongst the good, *insha'Allah*. Looking for goodness is the way of the shaykhs. Many used to come to our Grandshaykh, sometimes there were extremely strange people, but he used to seek their good side and tolerate them.

Isa (AS) used to travel with his apostles. One day they found a carcass that was smelly. The apostles ran away from it. Isa (AS) recognized that it was a dead dog, which had a really bad odor. He went near it, and opened its mouth, and showed it to his apostles, and showed them its white teeth. Then he said, "How beautiful they

are,” which means, the Prophet Isa (AS) showed them something beautiful amongst what was not so nice.

You too seek the beautiful one, seek beauty. Even amongst the bad things, the ugly things, seek beauty, find it, and be happy with it. See the beauty of it. When you see the beauty, you will not see the ugly. If not, you will only see the ugly. May Allah give us all the beauty, and grant us to see the beauty. May we not see the bad, *insha’Allah*.

Wa min Allahi at-tanfiq
Al-Fatihah

Şeyh Muhammed Mehmet Adil Hazretleri’s
Dated 28 April 2018 / 12 Şaban 1439 Sobbat
Akbaba Dergâhı Fajr Prayer