



Şeyh Muhammed Mehmet Adil EL- Hakkani Hazretlerine Ait Risaleler

The Nafs's (ego's) Nature

As-Salāmu 'alaykum wa raḥmatu Llāhi.

A'ūdhu biLlāhi mina sh-shayṭāni r-rajim.

Waş-şalātu wa s-Salāmu 'alā Rasūlinā Muḥammadin Sayyidi l-anwālīn wa l-ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādātī Aşḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh 'Abdu Llāh al-Fā'iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-Ḥaqqānī. Madad.

Ṭarīqatunā ş-şuḥbah wa l-khayru fi l-jam'iyah.

A'ūdhu biLlāhi mina sh-shayṭāni r-rajim. Bismi Llāhi r-Raḥmāni r-Raḥīm:

وَإِذَا أَنْعَمْنَا عَلَى الْإِنْسَانِ أَعْرَضَ وَنَأَىٰ بِجَانِبِهِ وَإِذَا مَسَّهُ الشَّرُّ كَانَ يَئُوسًا

“Wa idhā an‘amnā ‘alā l-insāni a‘raḍa wa na‘ā bi jānibihi, wa idhā massahu sh-sharru kāna ya‘ūsā” (Qur’ān 17:83). Allah ‘azza wa jalla in the Quran says, “And when We bless man, he turns away, and withdraws aside; but when evil visits him, he is in despair.” This is the nature of people; this is the nature of people’s ego (*nafs*).

Allah ‘azza wa jalla sent this religion down for people to straighten themselves. He sent down the Prophets to show them the right path. When it is left to the nafs, no matter how much good you do for it, it will be ungrateful [and] stay away. It moves away from Allah ‘azza wa jalla. When there is some calamity, however, it will be in a state of hopelessness. This is the habit of an ordinary man. Human beings are ungrateful [and] hopeless, but Allah ‘azza wa jalla in order to give them hope showed them the straight path. So that they might not be ungrateful, Allah showed them the path of the Prophet Muhammad (SAW).

Don’t think that things happen because of yourself—they are from Allah! If Allah does not help, as we said, a man would be confused about what to do because of his hopelessness. He would do all kinds of stupidity out of hopelessness. After putting their trust in Allah, after leaning upon [relying upon] Allah, there is no hopelessness. Hopelessness is not a good thing.

لَا تَقْنَطُوا

“*La taqna’u*,” says Allah ‘azza wa jall (Qur’ān 39:53). “Don’t be hopeless!” says Allah ‘azza wa jalla, He will help. After recognizing Allah, after worshipping Him, after entreating Allah, one has hopes [and] his affairs go well. Otherwise, in a small thing, no

EL- Hakkani Hazretlerine Ait Risaleler

matter how much he brings together, how much he does, no matter what he has—no guarantee. Let us put our trust in Allah. Let him have us as one of those who obeys Him, so that their human lack is filled and they are cleansed, insha’Allah.

*Wa min Allāhi t-tawfiq,
al-Fātḥah*

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

Dated 29 April 2018 / 13 Sha’bān 1439

Akbaba Dergah, Morning Prayer