



Şeyh Muhammed Mehmet Adil El- Hakkani Hazretlerine Ait Risaleler

GRATITUDE IS OBLIGATORY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajim.

Waş-şalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-anwālīn wa l-ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aşḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-Ḥaqqānī. Madad.

Ṭariqatunā ş-şuḥbah wa l-khayru fi l-jam’iyyah.

To thank Allah is an obligation upon all of us, we ought to be grateful for everything. It is an obligation upon us to thank [Allah] for all His provision for us, because we cannot give enough gratitude even for a single provision. “We pray, we fast..” —but these are for your [own] interest. Allah is not in need of it. You should show gratitude.

We are to show gratitude for each breath we inhale, and for each exhalation we should also show gratitude. This does not cross the minds of even mentally normal people [today]. However, a Muslim should be more aware, [and] think about these things more. That is why we pray two cycles (*raka’āt*) of shukr prayer, the recommended prayer for gratitude. It counts as showing thanks to Allah. At no time are we to forget to thank Him. Grandsheikh used to tell us to pray two cycles of shukr prayer. He used to receive a piece of news and pray two cycles of shukr prayer right after hearing it. If not, he used to do a prostration (*sajda*) of gratitude. That also is a means of showing gratitude.

If you are not able to pray two cycles, you may instead do the prostration of gratitude. If you do not do either of these, then at least have in mind the gratitude towards Allah ‘azza wa jall. You may say it with your tongue. Gratitude increases provision (*riṣq*). There is a lot of provision; everything that is from Allah is a provision. To show gratitude for them increases the person’s strength (*qadir*). There is gratitude and there is covering the truth. Those who do not show gratitude are the ones who cover the truth, there is no third possibility. People are used to not being thankful and instead complain. This weakens their faith towards Allah and causes them not to fulfill their duty. What happens when one does not fulfill his duty? Provision comes in a lesser measure, all goodness provided also lessens.

Spiritual provision is more important than material provision. A person has plenty of material provision, but [still] he suffers—this is because of his lack of gratitude. We need to make a habit of gratitude. We knew a man called Uncle Mehmet who passed away. After

every two sentences, his next would be showing his gratitude. This is how one must be.
This way one is relaxed, [and] he is then provided for here and hereafter.

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May Allah put us amongst those who are grateful. Those who are grateful are from a higher station, exalted. May Allah make us one of them.

Wa min Allāhi t-tawfīq,
al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil
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Akbaba Dergah, Morning Prayer